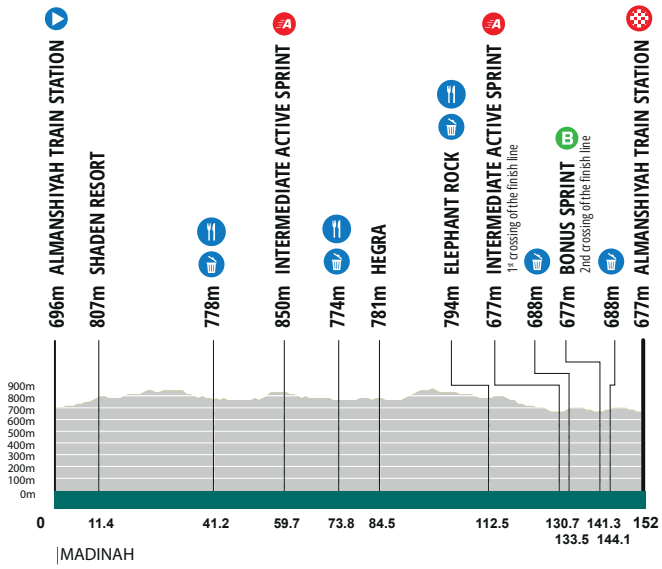
STAGE 2

STAGE PROFILE



KILOMETRES		STAGE 2 ITINERARY TIMETABLE		TIMETABLE		
TO COVER	COVERED			47 KM/H	45 KM/H	43 KM/H
		MADINAH				
		ALMANSHIYAH TRAIN STATION	NEUTRALISED START	**12:45**	**12:45**	**12:45**
152	**0**	**ALMANSHIYAH TRAIN STATION**	OFFICIAL START	**12:50**	**12:50**	**12:50**
148.7	3.3	DADAN HERITAGE SITE		12:54	12:54	12:55
140.6	11.4	SHADEN RESORT		13:04	13:05	13:06
135.2	16.8	SAHARY RESORT		13:11	13:12	13:13
112.1	39.9	HEGRA SOUTH GATE		13:41	13:43	13:46
110.8	**41.2**	**FEEDING ZONE**		**13:42**	**13:45**	**13:47**
103.8	48.2	QARAQIR		13:51	13:54	13:57
99.5	52.5	ASHAR VALLEY NORTH GATE		13:57	14:00	14:03
92.3	**59.7**	**INTERMEDIATE ACTIVE SPRINT**		**14:06**	**14:09**	**14:13**
78.2	**73.8**	**FEEDING ZONE**		**14:24**	**14:28**	**14:33**
77	75	HEGRA NORTH GATE		14:26	14:30	14:35
67.5	84.5	HEGRA		14:38	14:43	14:48
41.6	110.4	SAHARY RESORT		15:11	15:17	15:24
39.5	**112.5**	**ELEPHANT ROCK**		**15:14**	**15:20**	**15:27**
36.1	115.9	SHADEN RESORT		15:18	15:25	15:32
28.1	123.9	DADAN HERITAGE SITE		15:28	15:35	15:43
26.7	125.3	FINAL CIRCUIT ENTRANCE		15:30	15:37	15:45
21.3	**130.7**	**INTERMEDIATE ACTIVE SPRINT** (1ST CROSSING OF THE FINISH LINE)		**15:37**	**15:44**	**15:52**
18.5	**133.5**	**LITTER COLLECTION ZONE**		**15:40**	**15:48**	**15:56**
10.7	**141.3**	**BONUS SPRINT** (2ND CROSSING OF THE FINISH LINE)		**15:50**	**15:58**	**16:07**
7.9	**144.1**	**LITTER COLLECTION ZONE**		**15:54**	**16:02**	**16:11**
0	**152**	**ALMANSHIYAH TRAIN STATION**		**16:04**	**16:13**	**16:22**