ITINERARY TIMETABLE
TIDTABELL RITTRUTE

KILOMETRES *KILOMETER*		STAGE 4 / *4. ETAPPE*		TIMETABLE *TIDTABELL*			
To be run *Som gjenstår*	Run *Tilbakelagt*			CARAVAN	46 km/h	43 km/h	41 km/h
			NORDLAND				
		Fv	**SORTLAND** NEUTRALISED START NØYTRALISERT START	**12:00**	**13:25**	**13:25**	**13:25**
			Sortlandbrua (bridge)				
190.5	**0**	**Fv85**	**SORTLAND** RACE START RITTSTART Km 0		**13:35**	**13:35**	**13:35**
187.4	3.1		Crossing Fv85-Fv Sigerfjordveien		13:39	13:39	13:39
185.1	5.4	Fv	Sigerfjord	12:16	13:42	13:43	13:43
177.5	13		Crossing Fv Sigerfjordveien-Fv822		13:52	13:53	13:54
176.9	13.6	FV822	Crossing Fv822-Fv85		13:53	13:54	13:55
			TROMS				
172.8	17.7	Fv85	Langvassbukta	12:42	13:59	14:00	14:01
168.1	22.4		Våtvoll		14:05	14:06	14:08
158.1	32.4		Crossing Fv85-E10	13:07	14:18	14:20	14:22
			NORDLAND				
147.3	43.2	E10	Kanstad		14:32	14:35	14:38
147	**43.5**		**Recycle and feed zones**		**14:33**	**14:36**	**14:39**
143.9	**46.6**		**Karingen summit** 2		**14:37**	**14:40**	**14:43**
			TROMS				
113.8	76.7		Kongsvik	14:17	15:17	15:22	15:27
102.6	87.9		Sandtorg		15:32	15:38	15:44
96.5	94		Gausvik		15:40	15:46	15:52
93.9	**96.6**		**Recycle and feed zones**		**15:44**	**15:50**	**15:56**
91.6	98.9		Tjeldsundbrua (Fv85-Fv825) (bridge)		15:47	15:53	16:00
77.7	112.8	Fv825	Sandstrand	15:13	16:05	16:12	16:20
73.1	117.4		Tovik		16:11	16:19	16:27
71.9	118.6		Renså		16:13	16:20	16:28
64.6	**125.9**		**Balteskaret summit** 1		**16:23**	**16:31**	**16:39**
61.9	**128.6**		**Tunnel (200m)** Tunnel		**16:26**	**16:34**	**16:43**
59.4	131.1		Grovfjordbrua (bridge)		16:30	16:38	16:47
59	131.5		Grovfjordbrua-Crossing Fv825-Fv829	15:44	16:30	16:38	16:47
50.6	139.9	Fv829	Saltvatnet		16:41	16:50	17:00
48.4	**142.1**		**Skoddebergvatnet summit** 2		**16:44**	**16:53**	**17:03**
			NORDLAND				
37.7	152.8		Crossing Fv829-E10		16:59	17:08	17:19
35.3	**155.2**	**E10**	**Recycle and feed zones**		**17:02**	**17:11**	**17:22**
28	**162.5**		**Bakkefjord tunnel (310m)** Tunnel		**17:12**	**17:22**	**17:33**
22.3	168.2		Bjerkvik	16:31	17:19	17:30	17:41
14.1	176.4		Crossing E10-Fv		17:30	17:41	17:53
11.9	**178.6**	**Fv**	**Øyjord** S		**17:33**	**17:44**	**17:56**
9.4	181.1		Crossing Fv Toppåsen-E6		17:36	17:48	18:00
8.9	181.6	E6	Hålogalandbrua (bridge 2,600m)		17:37	17:48	18:01
7.2	**183.3**		**Karistrandtunnelen (270m)** Tunnel		**17:39**	**17:51**	**18:03**
6.5	**184**		**Recycle zone**		**17:40**	**17:52**	**18:04**
6.2	184.3		Narvik (E6-Fv-E6-FvSkistua)		17:41	17:52	18:05
0	**190.5**	**Fv**	**NARVIKFJELLET - NARVIK** 1	**17:08**	**17:49**	**18:01**	**18:14**