Women's Course Mocka

FROM 0KM	KM	TO GO	ACTION	DETAIL	COMMENTS	34.0	36.0	38.0
Neutral Zone (3.8 km)	0.0	Neutral Zone (3.8 km)		START Steampacket Gardens Eastern Beach Road	START (NEUTRAL START)	12:40:00 PM	12:40:00 PM	12:40:00 PM
	0.1		RIGHT	Yarra St		12:40:11 PM	12:40:10 PM	12:40:09 PM
	0.1		LEFT	Brougham St		12:40:11 PM	12:40:10 PM	12:40:09 PM
	0.4		CONTINUE	Brougham St becomes Eastern Beach Rd		12:40:42 PM	12:40:40 PM	12:40:38 PM
	1.1		LEFT	Hearne Pde / Garden St		12:41:56 PM	12:41:50 PM	12:41:44 PM
	3.5		LEFT	Ryrie Street		12:46:11 PM	12:45:50 PM	12:45:32 PM
	3.8			Ryrie St becomes Portarlington Road		12:46:42 PM	12:46:20 PM	12:46:00 PM
0.0	3.8	*141.3*		End of Neutral Start of Official	RACE START - OFFICIAL START	12:46:42 PM	12:46:20 PM	12:46:00 PM
11.5	15.3	*129.8*	RIGHT	Curlewis Rd		1:07:00 PM	1:05:30 PM	1:04:09 PM
14.5	18.3	*126.8*	LEFT	Bellarine Hwy		1:12:18 PM	1:10:30 PM	1:08:54 PM
14.7	18.5	*126.6*	RIGHT	Wallington Rd		1:12:39 PM	1:10:50 PM	1:09:13 PM
22.0	25.8	*119.3*	CONTINUE	Wallington Rd / Orton Road	Roundabout (2nd Exit)	1:25:32 PM	1:23:00 PM	1:20:44 PM
24.4	28.2	*116.9*	CROSS	Barwon Heads / Ocean Grove Bridge		1:29:46 PM	1:27:00 PM	1:24:32 PM
24.6	28.4	*116.7*	LEFT	Ewing Blyth Dr	Roundabout - (1st Exit)	1:30:07 PM	1:27:20 PM	1:24:51 PM
25.4	29.2	*115.9*	CONTINUE	Ewing Blyth Drive becomes Thirteenth Beach Rd		1:31:32 PM	1:28:40 PM	1:26:06 PM
31.7	35.5	*109.6*	RIGHT	Black Rock Rd		1:42:39 PM	1:39:10 PM	1:36:03 PM
32.4	36.2	*108.9*	LEFT	Bluestone School Rd		1:43:53 PM	1:40:20 PM	1:37:09 PM
34.1	37.9	*107.2*	LEFT	Breamlea Rd	Traffic Island	1:46:53 PM	1:43:10 PM	1:39:51 PM
36.4	40.2	*104.9*	RIGHT	Blackgate Rd	Traffic Island	1:50:56 PM	1:47:00 PM	1:43:28 PM
39.1	42.9	*102.2*	PASS		BOTTLE ZONE START	1:55:42 PM	1:51:30 PM	1:47:44 PM
40.7	44.5	*100.6*	PASS		BOTTLE ZONE FINISH	1:58:32 PM	1:54:10 PM	1:50:16 PM
41.5	45.3	*99.8*	LEFT	Horseshoe Bend Rd	Traffic Island	1:59:56 PM	1:55:30 PM	1:51:32 PM
45.0	48.8	*96.3*	RIGHT	The Esplanade	Roundabout - (2nd Exit)	2:06:07 PM	2:01:20 PM	1:57:03 PM
47.6	51.4	*93.7*	RIGHT	Bell St	Roundabout - (2nd Exit)	2:10:42 PM	2:05:40 PM	2:01:09 PM
48.2	52.0	*93.1*	LEFT	Great Ocean Rd (B100)	Roundabout - (1st Exit)	2:11:46 PM	2:06:40 PM	2:02:06 PM
51.1	54.9	*90.2*	LEFT	Bells Blvd		2:16:53 PM	2:11:30 PM	2:06:41 PM
53.3	57.1	*88.0*	LEFT	Bones Rd		2:20:46 PM	2:15:10 PM	2:10:09 PM
53.8	57.6	*87.5*	CONTINUE	Bones Rd becomes Bells Beach Rd		2:21:39 PM	2:16:00 PM	2:10:57 PM
56.1	59.9	*85.2*	CONTINUE	Bells Beach Rd becomes Jarosite Rd		2:25:42 PM	2:19:50 PM	2:14:35 PM
56.2	60.0	*85.1*	PASS		BOTTLE ZONE START	2:25:53 PM	2:20:00 PM	2:14:44 PM
57.2	61.0	*84.1*	PASS		BOTTLE ZONE FINISH	2:27:39 PM	2:21:40 PM	2:16:19 PM
57.6	61.4	*83.7*	RIGHT	Addiscott Rd		2:28:21 PM	2:22:20 PM	2:16:57 PM
59.9	63.7	*81.4*	RIGHT	Great Ocean Road		2:32:25 PM	2:26:10 PM	2:20:35 PM
60.0	63.8	*81.3*	LEFT	Gundrys Rd		2:32:35 PM	2:26:20 PM	2:20:44 PM
63.5	67.3	*77.8*	RIGHT	Vickerys Rd		2:38:46 PM	2:32:10 PM	2:26:16 PM
63.6	67.4	*77.7*	CROSS	Narrow Bridge (HN 440)	CAUTION - NARROW BRIDGE	2:38:56 PM	2:32:20 PM	2:26:25 PM
63.8	67.6	*77.5*	CROSS	Narrow Bridge (HN 330)	CAUTION - NARROW BRIDGE	2:39:18 PM	2:32:40 PM	2:26:44 PM
68.1	71.9	*73.2*	LEFT	Hendy Main Rd (C135)		2:46:53 PM	2:39:50 PM	2:33:32 PM
77.1	80.9	*64.2*	PASS		LITTER ZONE START	3:02:46 PM	2:54:50 PM	2:47:44 PM
77.2	81.0	*64.1*	PASS	Greenfields Drive	FEED ZONE START	3:02:56 PM	2:55:00 PM	2:47:54 PM
78.3	82.1	*63.0*	PASS	Moriac Community Centre/Newling Reserve	FEED ZONE FINISH	3:04:53 PM	2:56:50 PM	2:49:38 PM
78.4	82.2	*62.9*	PASS	Deppeler Ave	LITTER ZONE FINISH	3:05:04 PM	2:57:00 PM	2:49:47 PM
78.7	82.5	*62.6*	LEFT	Cape Otway Rd		3:05:35 PM	2:57:30 PM	2:50:16 PM
82.6	86.4	*58.7*	RIGHT	Considines Rd		3:12:28 PM	3:04:00 PM	2:56:25 PM
85.4	89.2	*55.9*	CROSS	Train Line	RAILWAY CROSSING	3:17:25 PM	3:08:40 PM	3:00:51 PM
87.3	91.1	*54.0*	CROSS	Princes Hwy		3:20:46 PM	3:11:50 PM	3:03:51 PM
87.4	91.2	*53.9*	CONTINUE	Considines Rd becomes Barrabool Rd		3:20:56 PM	3:12:00 PM	3:04:00 PM
103.3	107.1	*38.0*	PASS		BOTTLE ZONE START	3:49:00 PM	3:38:30 PM	3:29:06 PM
104.3	108.1	*37.0*	PASS		BOTTLE ZONE FINISH	3:50:46 PM	3:40:10 PM	3:30:41 PM
109.5	113.3	*31.8*	LEFT	Mt Pleasant Rd	START OF CITY LOOP - 1.5 LAPS	3:59:56 PM	3:48:50 PM	3:38:54 PM
109.5	113.3	*31.8*	RIGHT	Barwon Blvd	Traffic Island	3:59:56 PM	3:48:50 PM	3:38:54 PM
110.7	114.5	*30.6*	RIGHT	To stay on Barwon Blvd	Roundabout - Split Keep left of exit island	4:02:04 PM	3:50:50 PM	3:40:47 PM
110.7	114.5	*30.6*	LEFT	Challambra Cres	Traffic Island	4:02:04 PM	3:50:50 PM	3:40:47 PM
110.7	114.5	*30.6*		Challambra Cres	QoM #1 START	4:02:04 PM	3:50:50 PM	3:40:47 PM
111.3	115.1	*30.0*	CONTINUE	Challambra Crescent becomes Westbury Tce		4:03:07 PM	3:51:50 PM	3:41:44 PM
111.6	115.4	*29.7*		Queen of the Mountain Gantry	QoM #1 FINISH	4:03:39 PM	3:52:20 PM	3:42:13 PM
111.6	115.4	*29.7*	RIGHT	The Ridge	BOTTLE ZONE START	4:03:39 PM	3:52:20 PM	3:42:13 PM
111.7	115.5	*29.6*	RIGHT	Scenic Rd	BOTTLE ZONE FINISH	4:03:49 PM	3:52:30 PM	3:42:22 PM
113.2	117.0	*28.1*	CONTINUE	Scenic Rd becomes Queens Park Rd		4:06:28 PM	3:55:00 PM	3:44:44 PM
114.0	117.8	*27.3*	CROSS	Single Lane Bridge	CAUTION - NARROW BRIDGE	4:07:53 PM	3:56:20 PM	3:46:00 PM

Women's Course Mocka

FROM 0KM	KM	TO GO	ACTION	DETAIL	COMMENTS	34.0	36.0	38.0
114.4	118.2	*26.9*	**LEFT**	**Melville Ave**	Traffic Island	4:08:35 PM	3:57:00 PM	3:46:38 PM
114.9	118.7	*26.4*	**CONTINUE**	**Melville Ave becomes Minerva Rd**		4:09:28 PM	3:57:50 PM	3:47:25 PM
116.8	120.6	*24.5*	**RIGHT**	**Church St**		4:12:49 PM	4:01:00 PM	3:50:25 PM
117.8	121.6	*23.5*	**RIGHT**	**Ballarat Rd (A300)**	LHS Traffic Island	4:14:35 PM	4:02:40 PM	3:52:00 PM
118.5	122.3	*22.8*	**VEER LEFT**	**Glenleith Ave**		4:15:49 PM	4:03:50 PM	3:53:06 PM
118.9	122.7	*22.4*	**RIGHT**	**The Esplanade**	Roundabout - Keep Left (2nd exit)	4:16:32 PM	4:04:30 PM	3:53:44 PM
119.3	123.1	*22.0*	**CONTINUE**	**The Esplanade becomes Western Beach Rd**		4:17:14 PM	4:05:10 PM	3:54:22 PM
120.5	124.3	*20.8*	**CONTINUE**	**Western Beach Rd becomes Eastern Beach Rd**		4:19:21 PM	4:07:10 PM	3:56:16 PM
120.6	124.4	*20.7*	**CONTINUE**	**Start / Finish Gantry**		4:19:32 PM	4:07:20 PM	3:56:25 PM
120.7	124.5	*20.6*	**RIGHT**	**Yarra St**		4:19:42 PM	4:07:30 PM	3:56:35 PM
120.8	124.6	*20.5*	**LEFT**	**Brougham St**		4:19:53 PM	4:07:40 PM	3:56:44 PM
120.9	124.7	*20.4*	**PASS**		**LITTER ZONE START**	4:20:04 PM	4:07:50 PM	3:56:54 PM
121.0	124.8	*20.3*	**CONTINUE**	**Brougham St becomes Eastern Beach Rd**	**FEED ZONE START**	4:20:14 PM	4:08:00 PM	3:57:03 PM
121.4	125.2	*19.9*	**PASS**	**Fitzroy St**	**FEED ZONE FINISH**	4:20:56 PM	4:08:40 PM	3:57:41 PM
121.5	125.3	*19.8*	**PASS**		**LITTER ZONE FINISH**	4:21:07 PM	4:08:50 PM	3:57:51 PM
121.7	125.5	*19.6*	**LEFT**	**Hearne Pde**		4:21:28 PM	4:09:10 PM	3:58:09 PM
122.7	126.5	*18.6*	**RIGHT**	**Eastern Park Circuit Access Rd**		4:23:14 PM	4:10:50 PM	3:59:44 PM
122.9	126.7	*18.4*	**RIGHT**	**Eastern Park Circuit**		4:23:35 PM	4:11:10 PM	4:00:03 PM
123.9	127.7	*17.4*	**RIGHT**	**Turn Right to Continue on Eastern Park Circuit**		4:25:21 PM	4:12:50 PM	4:01:38 PM
124.0	127.8	*17.3*	**CONTINUE**	**Eastern Park Circuit becomes Malop St**	WRONG SIDE OF ROAD	4:25:32 PM	4:13:00 PM	4:01:47 PM
124.9	128.7	*16.4*	**LEFT**	**Yarra St**	Traffic Island	4:27:07 PM	4:14:30 PM	4:03:13 PM
126.1	129.9	*15.2*	**RIGHT**	**Carr St**		4:29:14 PM	4:16:30 PM	4:05:06 PM
126.4	130.2	*14.9*	**LEFT**	**Moorabool St**		4:29:46 PM	4:17:00 PM	4:05:35 PM
127.7	131.5	*13.6*	**RIGHT**	**Barrabool Rd**	Keep Left	4:32:04 PM	4:19:10 PM	4:07:38 PM
130.2	134.0	*11.1*	**RIGHT**	**Mt Pleasant Rd**	Median Strip - Keep Left	4:36:28 PM	4:23:20 PM	4:11:35 PM
130.3	134.1	*11.0*	**RIGHT**	**Barwon Blvd**	Traffic Island	4:36:39 PM	4:23:30 PM	4:11:44 PM
131.3	135.1	*10.0*	**RIGHT**	**To stay on Barwon Blvd**	Roundabout - Split Keep left of exit island	4:38:25 PM	4:25:10 PM	4:13:19 PM
131.4	135.2	*9.9*	**LEFT**	**Challambra Cres**	Traffic Island	4:38:35 PM	4:25:20 PM	4:13:28 PM
131.4	135.2	*9.9*		**Challambra Cres**	**QoM #2 START**	4:38:35 PM	4:25:20 PM	4:13:28 PM
131.9	135.7	*9.4*	**CONTINUE**	**Challambra Crescent becomes Westbury Tce**		4:39:28 PM	4:26:10 PM	4:14:16 PM
132.3	136.1	*9.0*		**Queen of the Mountain Gantry**	**QoM #2 FINISH**	4:40:11 PM	4:26:50 PM	4:14:54 PM
132.3	136.1	*9.0*	**RIGHT**	**The Ridge**	**BOTTLE ZONE START**	4:40:11 PM	4:26:50 PM	4:14:54 PM
132.4	136.2	*8.9*	**RIGHT**	**Scenic Rd**	**BOTTLE ZONE FINISH**	4:40:21 PM	4:27:00 PM	4:15:03 PM
133.9	137.7	*7.4*	**CONTINUE**	**Scenic Rd becomes Queens Park Rd**		4:43:00 PM	4:29:30 PM	4:17:25 PM
134.7	138.5	*6.6*	**CROSS**	**Single Lane Bridge**	**CAUTION - NARROW BRIDGE**	4:44:25 PM	4:30:50 PM	4:18:41 PM
135.1	138.9	*6.2*	**LEFT**	**Melville Ave**	Traffic Island	4:45:07 PM	4:31:30 PM	4:19:19 PM
135.6	139.4	*5.7*	**CONTINUE**	**Melville Ave becomes Minerva Rd**		4:46:00 PM	4:32:20 PM	4:20:06 PM
137.3	141.1	*4.0*	**PASS**	**Murphy Ave**	**4KM TO GO**	4:49:00 PM	4:35:10 PM	4:22:47 PM
137.4	141.2	*3.9*	**RIGHT**	**Church St**		4:49:11 PM	4:35:20 PM	4:22:57 PM
137.5	141.3	*3.8*	**PASS**	**Pride Ave**	**LITTER ZONE START**	4:49:21 PM	4:35:30 PM	4:23:06 PM
137.9	141.7	*3.4*	**PASS**	**Shannon Ave**	**LITTER ZONE FINISH**	4:50:04 PM	4:36:10 PM	4:23:44 PM
138.3	142.1	*3.0*	**PASS**	**Elizabeth St**	**3KM TO GO**	4:50:46 PM	4:36:50 PM	4:24:22 PM
138.5	142.3	*2.8*	**RIGHT**	**Ballarat Rd (A300)**	Traffic Island	4:51:07 PM	4:37:10 PM	4:24:41 PM
139.3	143.1	*2.0*	**VEER LEFT**	**Glenleith Ave**	**2KM TO GO**	4:52:32 PM	4:38:30 PM	4:25:57 PM
139.6	143.4	*1.7*	**RIGHT**	**The Esplanade**	Roundabout - Keep Left (2nd exit)	4:53:04 PM	4:39:00 PM	4:26:25 PM
140.0	143.8	*1.3*	**CONTINUE**	**The Esplanade becomes Western Beach Rd**		4:53:46 PM	4:39:40 PM	4:27:03 PM
140.3	144.1	*1.0*	**PASS**	**Ginn St**	**1KM TO GO**	4:54:18 PM	4:40:10 PM	4:27:32 PM
141.1	144.9	*0.2*	**CONTINUE**	**Western Beach Rd becomes Eastern Beach Rd**		4:55:42 PM	4:41:30 PM	4:28:47 PM
141.3	145.1	*0.0*	**CROSS**	**Start / Finish Gantry**	**FINISH**	**4:56:04 PM**	**4:41:50 PM**	**4:29:06 PM**
141.6	145.4				**FINISH RUN-OFF**			