

ITINERARY TIMETABLE

KM		STAGE 8				TIMETABLE			
Toberun	Run					Caravan	46kph	44kph	42kph
FRANCE									
ALPES-DE-HAUTE-PROVENCE (04)									
		D4085	SISTERON (D4085-D951-D4)	NEUTRALISED START		11:40	13:40	13:40	13:40
		D4	Saint-Puy (ENTREPIERRES)						
171.9	0		SISTERON	OFFICIAL START	Km 0	12:45	14:00	14:00	14:00
170.9	1		VOLONNE			12:46	14:00	14:01	14:01
166.2	5.7		L'ESCALE			12:53	14:07	14:07	14:08
165.3	6.6		Crossroads D4-N85			12:54	14:08	14:08	14:09
161.8	10.1	N85	MALIJAI			12:59	14:12	14:13	14:14
157.4	14.5		Beauveset (MIRABEAU)			13:05	14:18	14:19	14:20
153	18.9		MALLEMOISSON			13:12	14:24	14:25	14:27
150.2	21.7	D17	Crossroads D17-D12			13:16	14:28	14:29	14:31
148.2	23.7	D12	Crossroads D12-D17			13:18	14:30	14:32	14:33
143.1	28.8	D17	Cross level n° 692			13:26	14:37	14:39	14:41
141.7	30.2		Crossroads D17-D907			13:28	14:39	14:41	14:43
140.1	31.8	D907	Crossroads D907-N85			13:30	14:41	14:43	14:45
138.3	33.6	N85	CHÂTEAUREDON (near)			13:33	14:43	14:45	14:48
136.2	35.7		Cross level n° 697			13:36	14:46	14:48	14:51
134.9	37		Chabrières (ENTRAGES)			13:38	14:48	14:50	14:53
134.2	37.7		Cross level n° 700			13:38	14:48	14:51	14:53
129.2	42.7		CHAUDON-NORANTE			13:46	14:55	14:58	15:01
122.8	49.1		BARRÊME (N85-N202)			13:55	15:03	15:06	15:10
115.6	56.3	N202	Cross level n° 727			14:05	15:13	15:16	15:20
112.9	59		MORIEZ			14:09	15:16	15:20	15:24
110.9	61		Col des Robines			14:12	15:19	15:23	15:27
110.1	61.8		SAINT-ANDRÉ-LES-ALPES			14:13	15:20	15:24	15:28
103	68.9		SAINT-JULIEN-DU-VERDON			14:23	15:29	15:33	15:38
98.2	73.7		VERGONS			14:30	15:35	15:40	15:45
95.4	76.5		Col de Toutes Aures			14:34	15:39	15:44	15:49
90.2	81.7		La Roche Percée (ANNOT)			14:41	15:46	15:51	15:56
78.3	93.6		Crossroads N202-D4202			14:58	16:01	16:07	16:13
76.9	95.0	D4202	Agnerc (CASTELLET-LÈS-SAUSSÉS)			15:00	16:03	16:09	16:15
76.5	95.4		Cross level n° 746			15:01	16:04	16:10	16:16
73.2	98.7		Cross level n° 745			15:06	16:08	16:14	16:21
73.1	98.8		ENTREVAUX			15:06	16:08	16:14	16:21
71.6	100.3		Cross level n° 739			15:08	16:10	16:16	16:23
ALPES-MARITIMES (06)									
66.9	105	D6202	Cross level n° 736			15:15	16:16	16:23	16:30
66.2	105.7		PUGET-THÉNIERS			15:16	16:17	16:24	16:31
62.4	109.5		PUGET-THÉNIERS			15:21	16:22	16:29	16:36
57.7	114.2		Notre Dame			15:28	16:28	16:35	16:43
56.7	115.2		TOUËT-SUR-VAR			15:29	16:29	16:36	16:44
49.5	122.4		Lou Vilars Dou Var (VILLARS-SUR-VAR)			15:40	16:39	16:46	16:55
46.3	125.6		MALAUSSÈNE			15:44	16:43	16:51	16:59
45.9	126		Cross level n° 648			15:45	16:44	16:51	17:00
35.1	136.8		Cross level n° 654bis			16:00	16:58	17:06	17:15
35	136.9	M6202	Crossroads M6202-M6102			16:00	16:58	17:06	17:15
31.4	140.5	M6102	Le Plan-du-Var (Près) (LEVENS)			16:05	17:02	17:11	17:20
30	141.9		Crossroads M6102-M6202			16:07	17:04	17:13	17:22
29	142.9	M6202	Baus Roux (LA ROQUETTE-SUR-VAR)			16:09	17:06	17:14	17:24
27.6	144.3		SAINT-MARTIN-DU-VAR			16:11	17:08	17:16	17:26
23.2	148.7		CASTAGNIERS			16:17	17:13	17:22	17:32

DISTANCE FROM NEUTRALISED START TO OFFICIAL START

10.5km

CATEGORISED CLIMBS AND SUMMIT FINISHES

4 Km 61 - Col des Robines
Climb of 2.6 m at 4.6%

4 Km 76.5 - Col de Toutes Aures
Climb of 6.4km at 3.1%

4 Km 154.7 - Côte de Colomars
Climb of 1.4km at 5.4%

4 Km 164.2 - Côte de la Ginestière
Climb of 2.5km at 4.4%

ROUTE FOR NON-RACE VEHICLES

Exit after 2.9km on the neutralised route (D4) by taking the second exit at the roundabout, towards the A51 motorway in the direction of "Nice/Marseille".

After 93km, continue on the N296, then take the slip road straight ahead to join "Aix Centre/N296". Stay on the N296 and then the A51 towards "Marseille/Aéroport Marignane/Toulon/Nice".

Take the exit towards "A8/E80 Nice/Toulon" and then join the "A8/E80". After 168km, take exit 51 towards "Aéroport Nice-Côte d'Azur Airport/MIN Centre Administratif".

At the roundabout, take the second exit onto the M622 towards "Nice Aéroport". At the second roundabout, take the second exit, still towards "Nice Aéroport" on the M99.

At the Aéropostale roundabout, continue straight ahead and take the first exit onto Avenue Didier Daurat, then bear slightly left onto Rue Henri Potez (follow signs for "Terminal 1"). Continue straight ahead on Rue Henri Potez (follow signs for "Terminal 1"), then turn left onto Avenue René Couzinet (follow signs for "Terminal 1"). Stay in the right lane to continue on Avenue René Couzinet and at the roundabout (rond-point du Voyageur), take the second exit towards "Nice-Centre". Continue straight ahead and merge onto the Promenade des Anglais/M6098.

Entry point onto the race route:
direct access to the Official/Press/
Team parking areas.

Total distance: 280km