

STAGE 4

巴马-凤山-天峨赛段

BAMA TIAN'E

164.6KM D+2679M

2026.10.16
FRIDAY

4th

STAGE 4 第四赛段

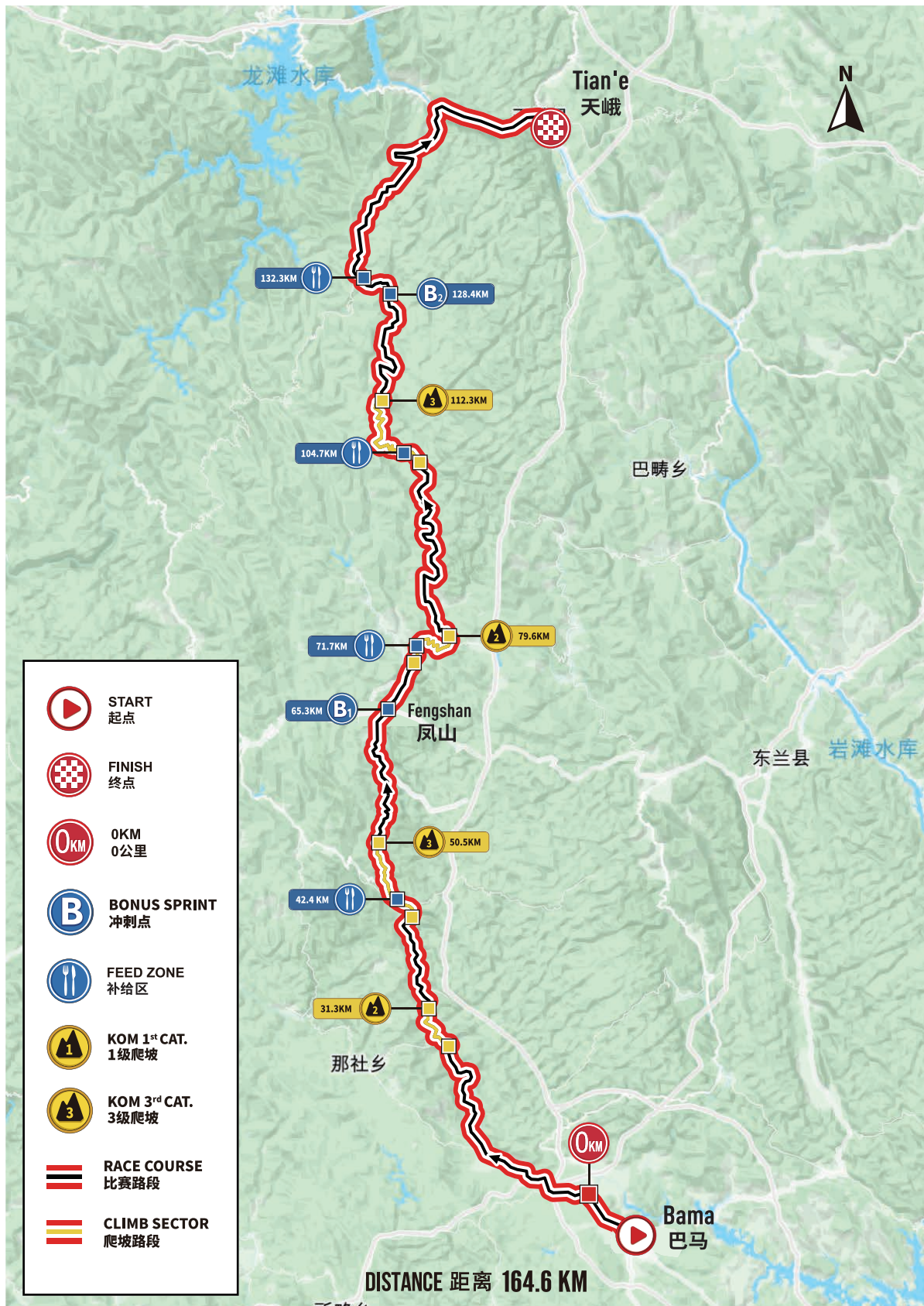
Bama-Tian'e 巴马-凤山-天峨赛段

RACE SCHEDULE 日程安排

2026.10.16 FIRDAY 星期五

TIME 时间	SCHEDULE 日程	LOCATION 地点
06:00-09:00	Breakfast 早餐	Hotel 竞赛酒店
07:00-09:00	Check Out & Collect Water / Ice / Lunch Bag 退房 & 领取水/冰块/午餐包	Hotel 竞赛酒店
09:50-10:50	Team Presentation & Sign On 车队亮相&签到	Start 起点
10:40	Departure To Feed Zone (Team feeding vehicle) 补给车出发 (参赛队补给车)	Start 起点
10:50-11:00	Departure Ceremony 发车仪式	Start 起点
11:00	Race Start 比赛开始	Start 起点
15:05	Race Finish 比赛结束	Finish 终点
15:10-15:40	Awarding Ceremony 颁奖仪式	Finish 终点
Individual Transfer to Jinchengjiang (2H) 自行转场至金城江		
18:00-21:00	Dinner 晚餐	Hotel 竞赛酒店
13:00-22:00	Race Office Operates in Jinchengjiang 金城江竞赛办公室开放	Hotel 竞赛酒店





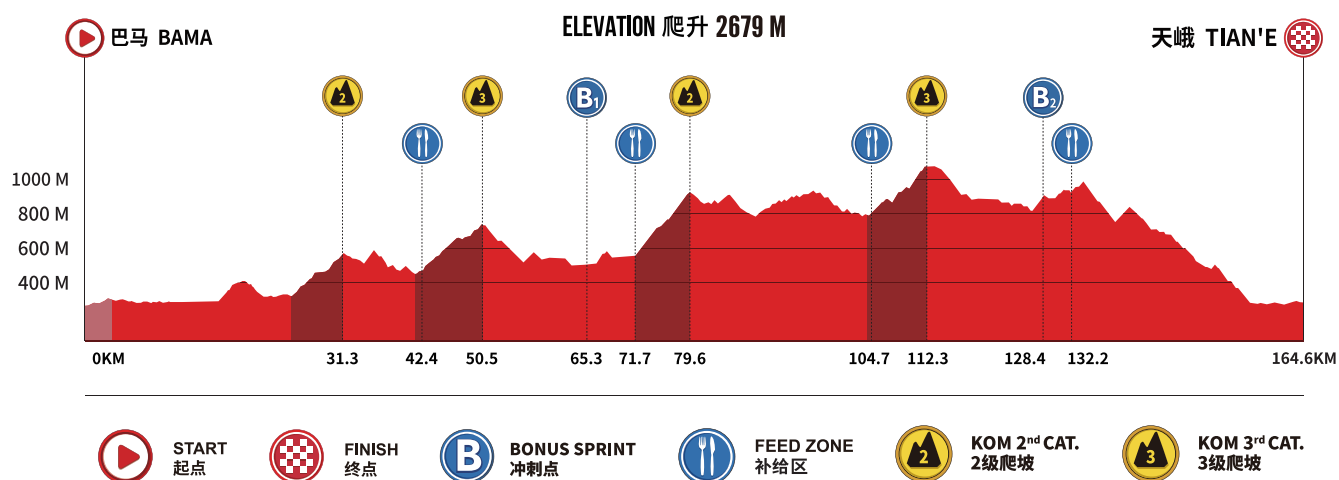
4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

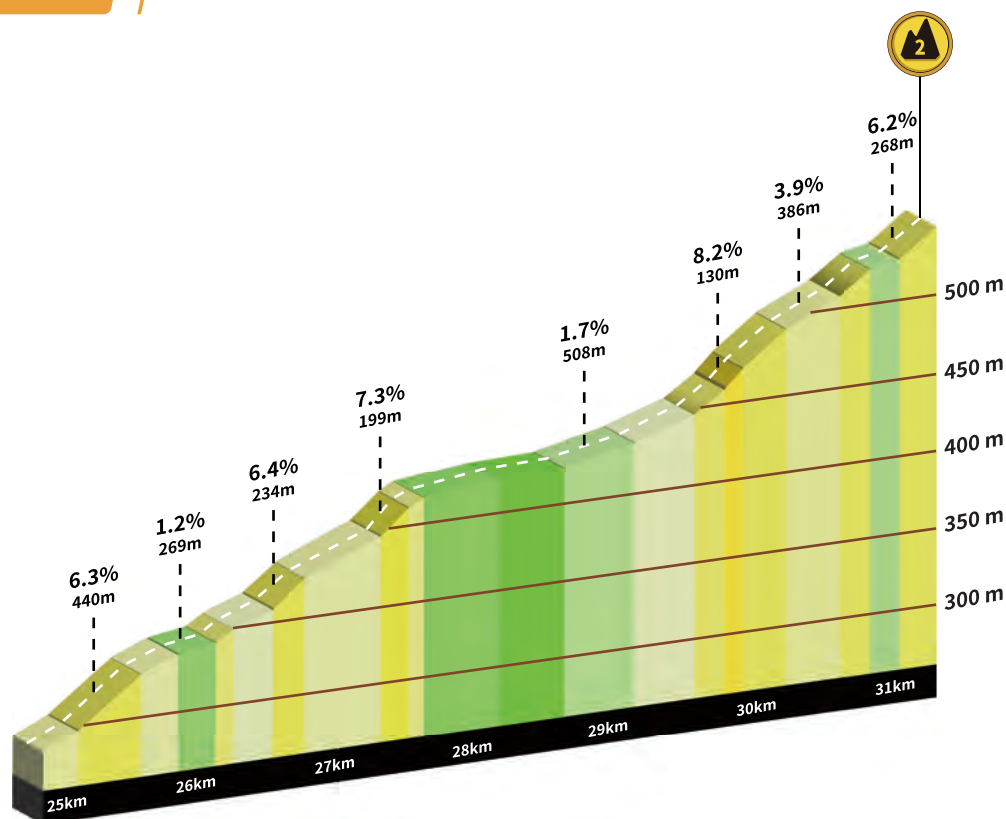
海拔图

ELEVATION



爬坡比例图

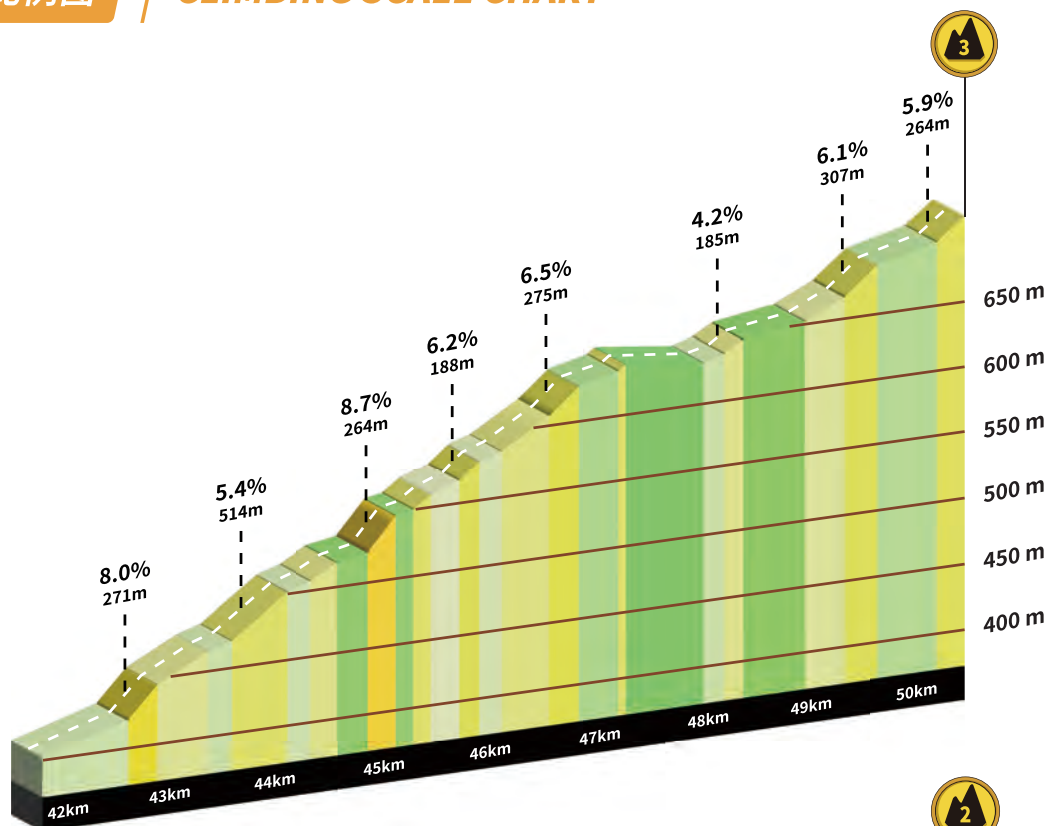
CLIMBING SCALE CHART



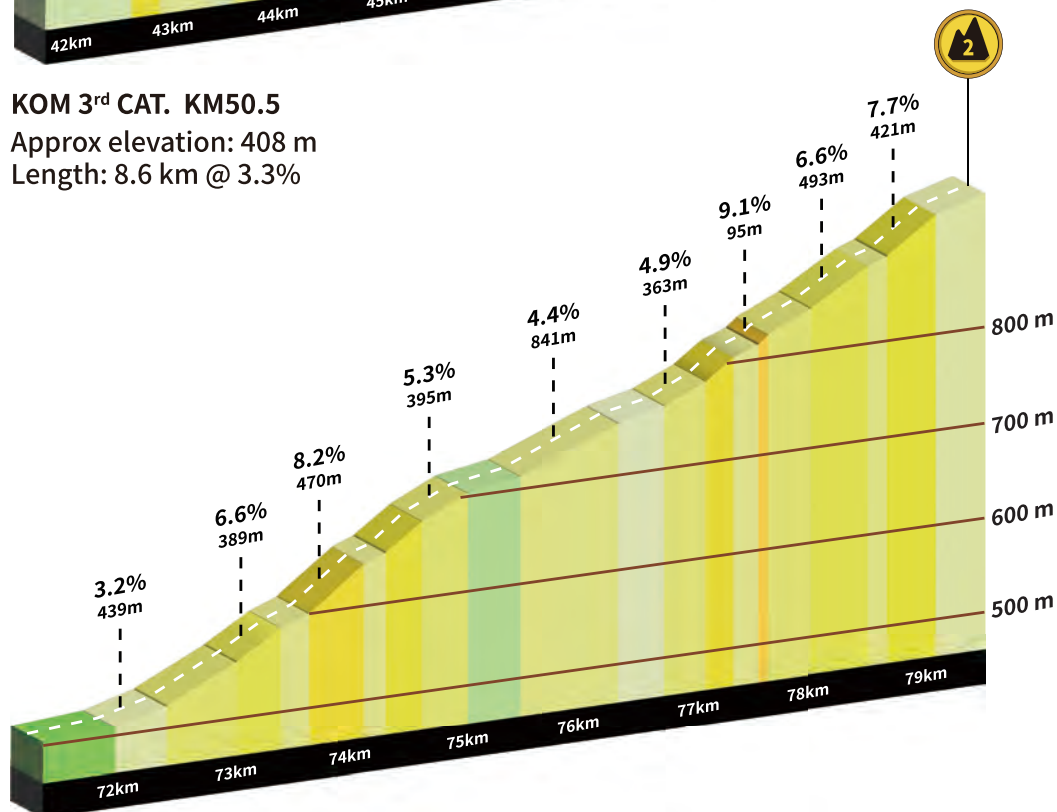
KOM 2nd CAT. KM31.3
 Approx elevation: 286 m
 Length: 6.4 km @ 3.6%

爬坡比例图

CLIMBING SCALE CHART



KOM 3rd CAT. KM50.5
 Approx elevation: 408 m
 Length: 8.6 km @ 3.3%



KOM 2nd CAT. KM79.6
 Approx elevation: 504 m
 Length: 8.2 km @ 4.8%

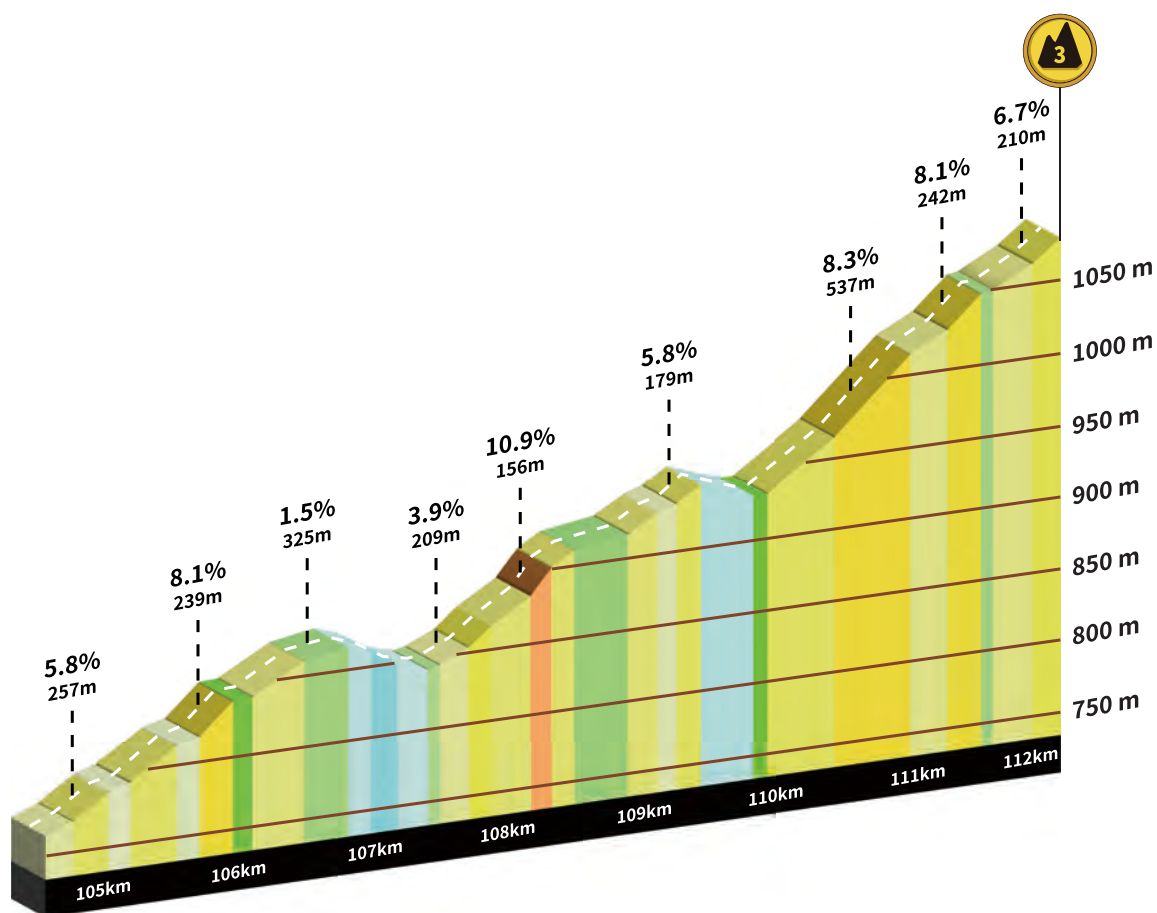
4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

爬坡比例图

CLIMBING SCALE CHART



KOM 3rd CAT. KM112.3
 Approx elevation: 762 m
 Length: 7.8 km @ 3.8%

起点布局图

START PLAN



终点布局图

FINISH PLAN



4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM			KM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述			40 KM/H	42 KM/H	44 KM/H
	4.3	168.9	229		Shouxiang Cultural Square	寿乡文化广场	Start 起点	11:00	11:00	11:00
	0.0	168.4	225		Shouxiang Av.	寿乡大道	Change Lane to the Right 变右侧赛道			
	0.0	164.6	236		Shouxiang Av.	寿乡大道	0Km Point 0公里	11:08	11:08	11:08
	4.6	160.0	228		Shouxiang Av./Bafeng Rd.	寿乡大道/巴凤路		11:14	11:14	11:14
	7.0	157.6	228		Shouxiang Av./G243 National Rd.	寿乡大道/G243		11:18	11:18	11:17
	11.0	153.6	230		G243 National Rd.	G243	Narrowing on the right 右侧收窄	11:24	11:23	11:23
	16.5	148.1	339		G243 National Rd./Baixiongshan No.2 Tunnel	G243/百雄山二号隧道	Tunnel 隧道	11:32	11:31	11:30
	16.8	147.8	340		G243 National Rd./Baixiongshan No.2 Tunnel	G243/百雄山二号隧道	End Tunnel 驶出隧道	11:33	11:32	11:30
	17.1	147.5	349		G243 National Rd./Baixiongshan No.1 Tunnel	G243/百雄山一号隧道	Tunnel 隧道	11:33	11:32	11:31
	17.4	147.2	349		G243 National Rd./Baixiongshan No.1 Tunnel	G243/百雄山一号隧道	End Tunnel 驶出隧道	11:34	11:32	11:31
	25.0	139.6	286		G243 National Rd.	G243	KOM Start 爬坡起点	11:45	11:43	11:42
	31.3	133.3	519		G243 National Rd.	G243	KOM Summit-Cat.2 二级爬坡	11:54	11:52	11:50
	41.5	123.1	400		G243 National Rd./Paotun Bridge	G243/袍屯大桥	Bridge 通过桥梁	12:10	12:07	12:04
	41.8	122.8	405		G243 National Rd.	G243	Litter Zone Starts 垃圾区开始	12:10	12:07	12:05
	41.9	122.7	408		G243 National Rd.	G243	KOM Start 爬坡起点	12:10	12:07	12:05
	42.4	122.2	420		G243 National Rd.	G243	Feed Zone Starts 补给点开始	12:11	12:08	12:05
	43.6	121.0	467		G243 National Rd.	G243	Feed Zone Ends 补给点结束	12:13	12:10	12:07
	44.2	120.4	497		G243 National Rd.	G243	Litter Zone Ends 垃圾区结束	12:14	12:11	12:08
	50.5	114.1	694		G243 National Rd.	G243	KOM Summit-Cat.3 三级爬坡	12:23	12:20	12:16
	51.9	112.7	647		G243 National Rd.	G243		12:25	12:22	12:18

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM	KM FROM FINISH	ALT (M)	FEATURES INSTRUCTION 路线描述	40 KM/H	42 KM/H	44 KM/H
53.2	111.4	600	 G243 National Rd. G243	12:27	12:24	12:20
53.5	111.1	600	 G243 National Rd. G243	12:28	12:24	12:20
54.6	110.0	557	 G243 National Rd. G243	12:29	12:26	12:22
57.5	107.1	509	 G243 National Rd./Hongjun Rd. G243/红军路	12:34	12:30	12:26
60.0	104.6	498	 Hongjun Rd. 红军路	12:38	12:33	12:29
60.2	104.4	499	 Hongjun Rd. 红军路	12:38	12:34	12:30
 60.5	104.1	499	 Hongjun Rd./Hengcunli No.1 Tunnel 红军路/恒村里隧道 Tunnel 隧道	12:38	12:34	12:30
 61.3	103.3	499	 Hongjun Rd./Hengcunli No.1 Tunnel 红军路/恒村里隧道 End Tunnel 驶出隧道	12:39	12:35	12:31
 65.0	99.6	455	 Hongjun Rd./Yangguan Av. 红军路/阳关大道 Carriageway Narrows 道路变窄	12:45	12:40	12:36
 65.3	99.3	453	 Yangguan Av. 阳关大道 1st Bonus-Sprint 第1冲刺点	12:45	12:41	12:37
65.6	99.0	456	 Yangguan Av./Chaoyang Av. 阳关大道/朝阳大道	12:46	12:41	12:37
65.7	98.9	458	 Chaoyang Av./Guanyin Rd. 朝阳大道/观音路	12:46	12:41	12:37
 65.8	98.8	460	 Guanyin Rd. 观音路 Carriageway Narrows 道路变窄	12:46	12:42	12:37
 66.1	98.5	462	 Guanyin Rd./Chuanlongyan Tunnel 观音路/穿龙岩隧道 Tunnel 隧道	12:47	12:42	12:38
 66.5	98.1	462	 Guanyin Rd./Chuanlongyan Tunnel 观音路/穿龙岩隧道 End Tunnel 驶出隧道	12:47	12:43	12:38
 67.6	97.0	525	 Guanyin Rd./Neilong Tunnel 观音路/内龙隧道 Tunnel 隧道	12:49	12:44	12:40
 67.9	96.7	536	 Guanyin Rd./Neilong Tunnel 观音路/内龙隧道 End Tunnel 驶出隧道	12:49	12:45	12:40
 68.8	95.8	501	 Guanyin Rd. 观音路 Carriageway Narrows 道路变窄	12:51	12:46	12:41
69.1	95.5	502	 Guanyin Rd./G243 National Rd. 观音路/G243	12:51	12:46	12:42
 71.0	93.6	500	 G243 National Rd. G243 Litter Zone Starts 垃圾区开始	12:54	12:49	12:44

4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM				KM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述			40 KM/H	42 KM/H	44 KM/H
	71.4	93.2	504		G243 National Rd.	G243	KOM Start 爬坡起点	12:55	12:50	12:45	
	71.7	92.9	505		G243 National Rd.	G243	Feed Zone Starts 补给点开始	12:55	12:50	12:45	
	72.6	92.0	531		G243 National Rd.	G243	Feed Zone Ends 补给点结束	12:56	12:51	12:47	
	73.2	91.4	565		G243 National Rd.	G243	Litter Zone Ends 垃圾区结束	12:57	12:52	12:47	
	79.6	85.0	900		G243 National Rd.	G243	KOM Summit-Cat.2 二级爬坡	13:07	13:01	12:56	
	104.4	60.2	761		G243 National Rd.	G243	Litter Zone Starts 垃圾区开始	13:44	13:37	13:30	
	104.5	60.1	762		G243 National Rd.	G243	KOM Start 爬坡起点	13:44	13:37	13:30	
	104.7	59.9	771		G243 National Rd.	G243	Feed Zone Starts 补给点开始	13:45	13:37	13:30	
	105.4	59.2	800		G243 National Rd.	G243	Feed Zone Ends 补给点结束	13:46	13:38	13:31	
	106.0	58.6	833		G243 National Rd.	G243	Litter Zone Ends 垃圾区结束	13:47	13:39	13:32	
	109.5	55.1	929		G243 National Rd.	G243		13:52	13:44	13:37	
	112.3	52.3	1061		G243 National Rd.	G243	KOM Summit-Cat.3 三级爬坡	13:56	13:48	13:41	
	128.4	36.2	868		G243 National Rd.	G243	2nd Bonus-Sprint 第2冲刺点	14:20	14:11	14:03	
	131.9	32.7	914		G243 National Rd.	G243	Litter Zone Starts 垃圾区开始	14:25	14:16	14:07	
	132.2	32.4	900		G243 National Rd.	G243	Feed Zone Starts 补给点开始	14:26	14:16	14:08	
	133.3	31.3	933		G243 National Rd.	G243	Feed Zone Ends 补给点结束	14:27	14:18	14:09	
	133.7	30.9	953		G243 National Rd.	G243	Litter Zone Ends 垃圾区结束	14:28	14:19	14:10	
	140.9	23.7	795		G243 National Rd.	G243		14:39	14:29	14:20	
	141.7	22.9	757		G243 National Rd.	G243		14:40	14:30	14:21	
	154.0	10.6	357		G243 National Rd./ Macun Tunnel	G243/麻村隧道	Tunnel 隧道	14:59	14:48	14:38	

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STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

4th

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM	KM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述				40 KM/H	42 KM/H	44 KM/H
 154.5	10.1	356		G243 National Rd./ Macun Tunnel	G243/麻村隧道	End Tunnel 驶出隧道	14:59	14:48	14:38
157.0	7.6	230		G243 National Rd./ Chengxi Rd.	G243/城西路		15:03	14:52	14:42
 159.5	5.1	214		Chengxi Rd.	城西路	Litter Zone Starts 垃圾区开始	15:07	14:55	14:45
159.6	5.0	215		Chengxi Rd.	城西路		15:07	14:56	14:45
 160.5	4.1	219		Chengxi Rd.	城西路	Litter Zone Ends 垃圾区结束	15:08	14:57	14:46
 161.6	3.0	217		Chengxi Rd.	城西路	3Km To Go 终点前3公里	15:10	14:58	14:48
 162.6	2.0	228		Chengxi Rd.	城西路	2Km To Go 终点前2公里	15:11	15:00	14:49
 163.6	1.0	235		Chengxi Rd.	城西路	1Km To Go 终点前1公里	15:13	15:01	14:51
163.7	0.9	234		Chengxi Rd./Daqiao Rd.	城西路/大桥路		15:13	15:01	14:51
 163.8	0.5	228		Daqiao Rd./Julong Av.	大桥路/聚龙大道	Deviation 车辆分流点	15:13	15:02	14:51
164.1	0.5	229		Julong Av.	聚龙大道	500m To Go 终点前500米	15:14	15:02	14:51
 164.6	0.0	228		Longzhu Park	龙珠公园	Finish 终点	15:14	15:03	14:52

4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

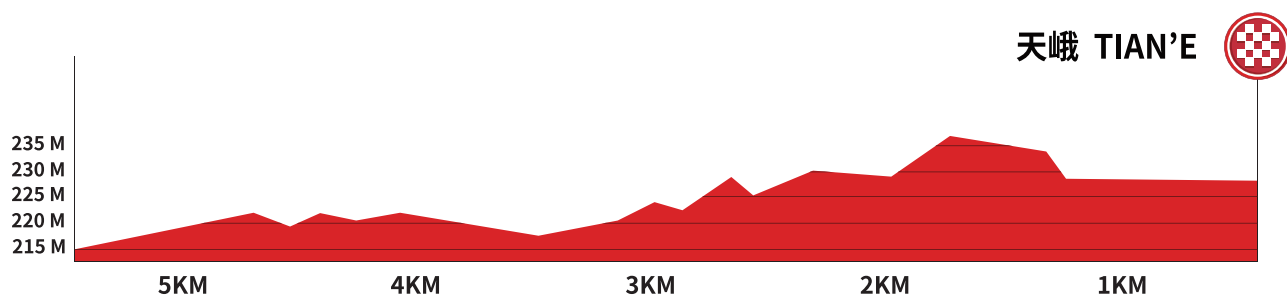
最后5公里路线

LAST 5KM



最后5公里海拔

LAST 5KM ELEVATION



酒店一起点路线

HOTEL TO START



酒店——加油站

HOTEL TO GAS STATION



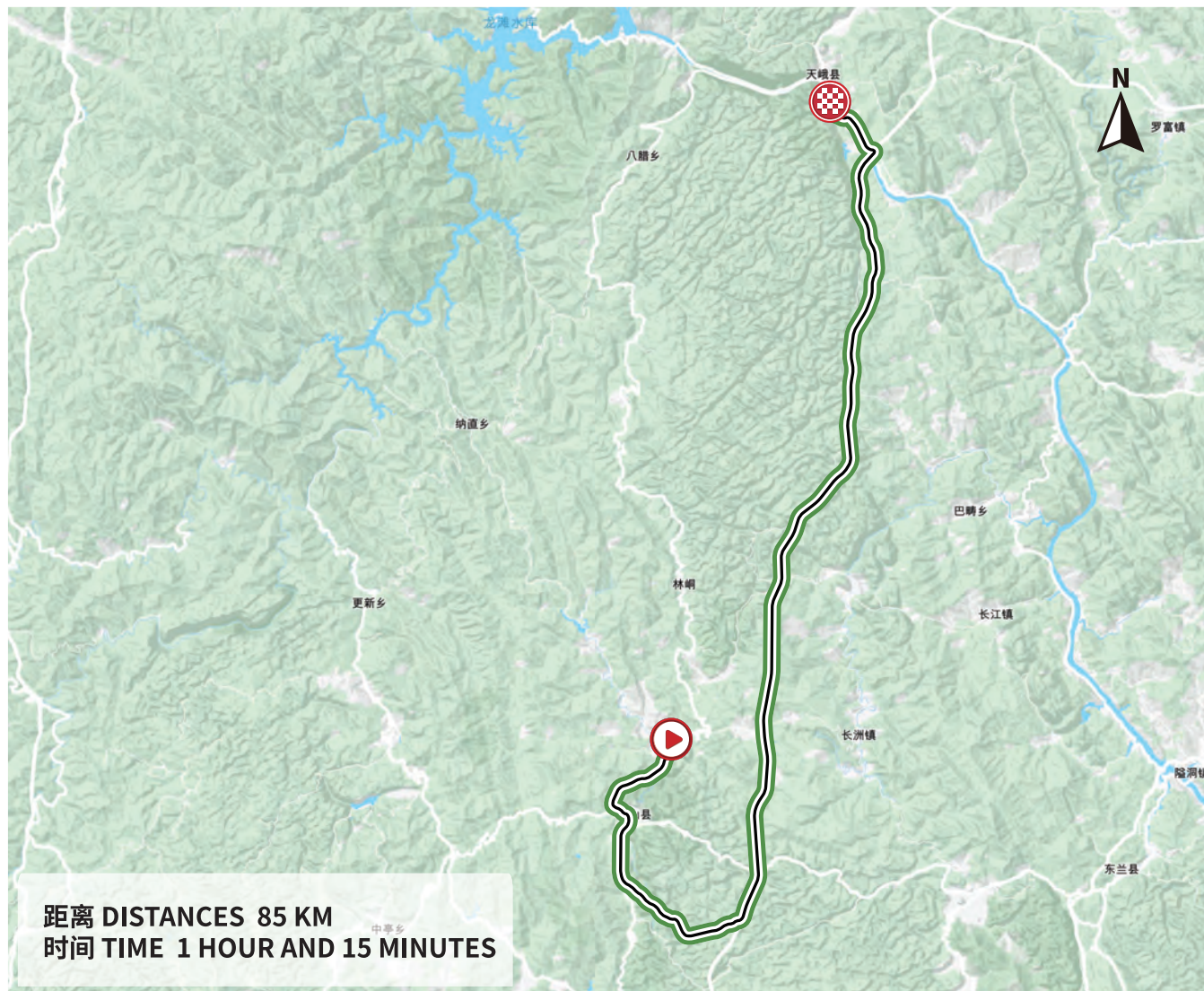
4th

STAGE 4 第四赛段

Bama-Tian'e 巴马-凤山-天峨赛段

非竞赛路线

OFF - RACE ROUTE



Instruction:

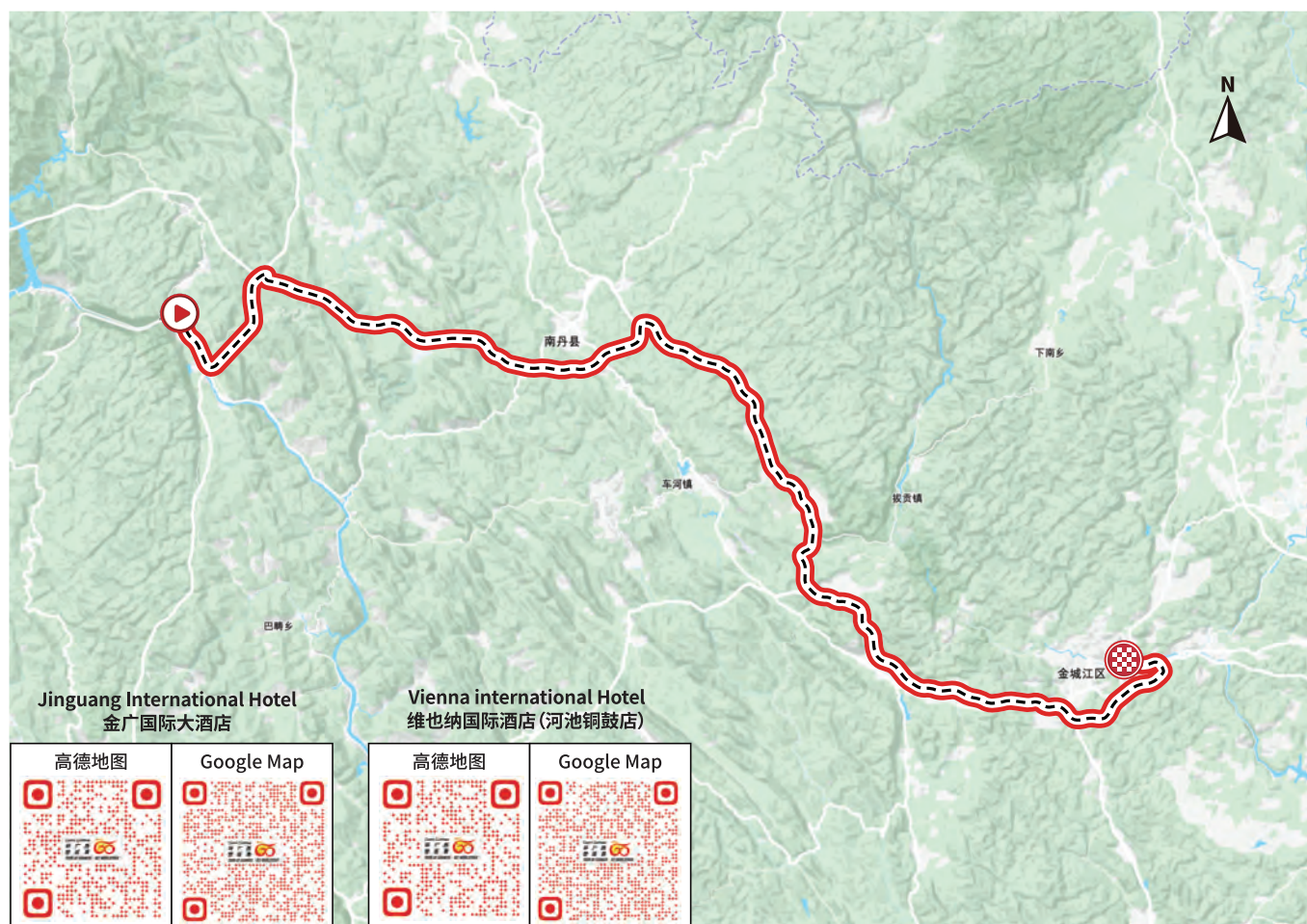
- (1) After completing feeding at Feed Zone 2, travel in the opposite direction of the race course and enter National Highway G243. Continue to Fengshan South Toll Station and enter the G7522 Guibei Expressway. Exit the expressway at Tian'e Toll Station and proceed into Tian'e.
- (2) After exiting the G7522 Guibei Expressway at Tian'e Toll Station, continue for approximately 5.8 km to Wuji Hotel.

补给转场描述:

- (1) 在第二补给区完成补给后, 沿赛道反向行驶进入243国道, 后行驶至凤山南收费站(G7522贵北高速入口)进入高速, 后从天峨收费站(G7522贵北高速出口)驶出, 进入天峨县内。
- (2) 天峨收费站(G7522贵北高速出口)驶出后, 约5.8公里抵达五吉大酒店。

转场路线

TRANSFER



Route Description:

Route Description: Wuji Grand Hotel – Julong Avenue – Daqiao Road – Hongshuihe Bridge – Longtan Road – Yunlin Road – Tian'e Toll Station (G7522 Guibei Expressway Entrance) – Guibei Expressway – Dan'e Expressway – Lan-Hai Expressway – Shantou-Kunming Expressway – Jinchengjiang East Toll Station (G78 Shantou-Kunming Expressway Exit) – Jinyi Avenue – Jincheng East Road – Jinguang International Hotel / Vienna International Hotel (Hechi Tonggu Branch)

路线描述:

五吉大酒店-聚龙大道-大桥路-红水河大桥-龙滩路-云林路-天峨收费站(G7522贵北高速入口)-贵北高速-丹峨高速-兰海高速-汕昆高速-金城江东收费站(G78汕昆高速出口)-金宜大道-金城东路-金光国际大酒店/维也纳国际酒店(河池铜鼓店)