

STAGE 5

金城江-环江-罗城-宜州赛段

JINCHENGJIANG YIZHOU

170.6KM D+2237M

2026.10.17
SATURDAY

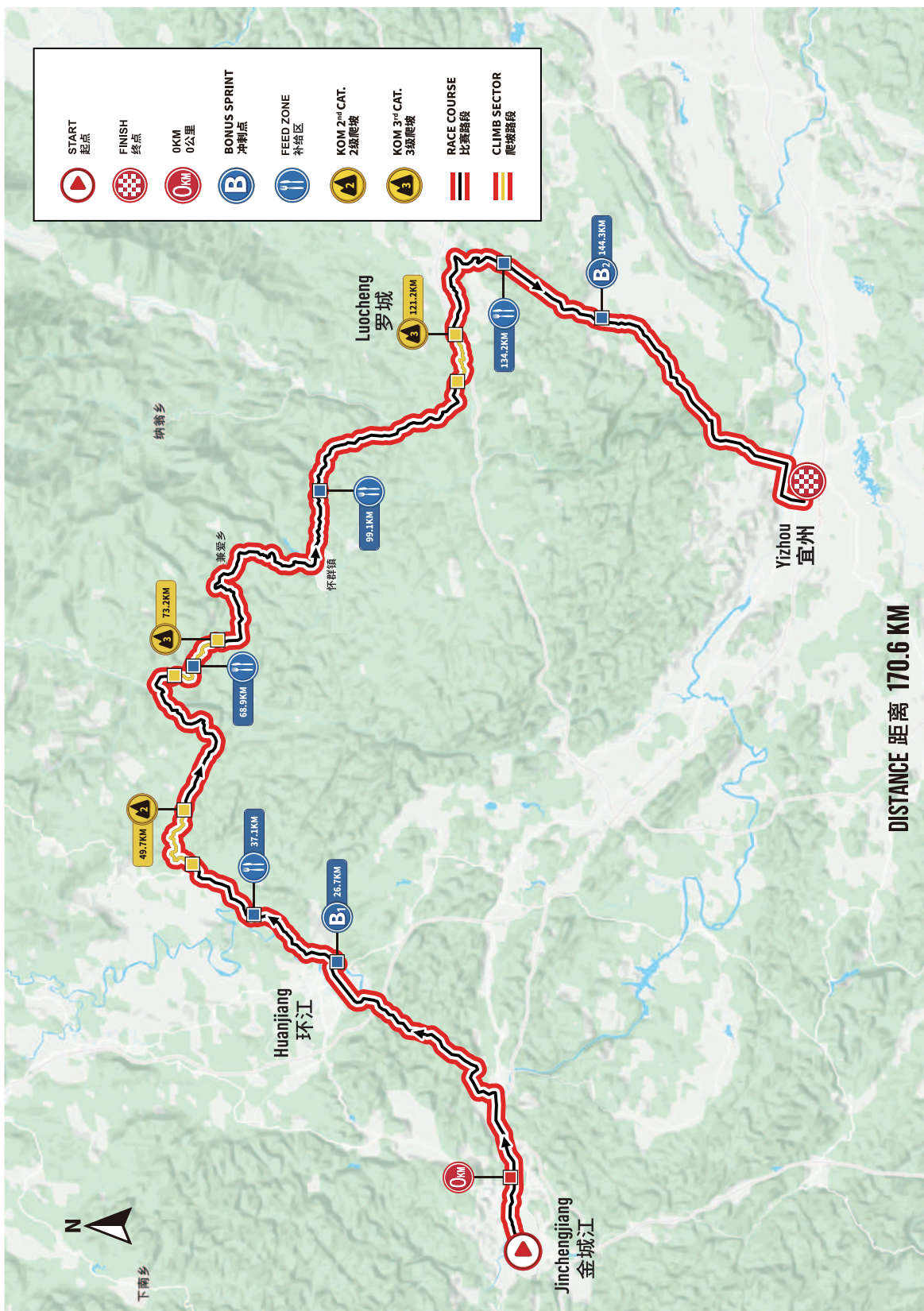
RACE SCHEDULE 日程安排 2026.10.17 SATURDAY 星期六 SCHEDULE 日程		
TIME 时间		LOCATION 地点
06:00-09:00	Breakfast 早餐	Hotel 竞赛酒店
07:00-09:00	Check Out & Collect Water / Ice / Lunch Bag 退房 & 领取水/冰块/午餐包	Hotel 竞赛酒店
09:20-10:20	Team Presentation & Sign On 车队亮相&签到	Start 起点
10:10	Departure To Feed Zone (Team feeding vehicle) 补给车出发 (参赛队补给车)	Start 起点
10:20-10:30	Departure Ceremony 发车仪式	Start 起点
10:30	Race Start 比赛开始	Start 起点
14:40	Race Finish 比赛结束	Finish 终点
14:50-15:20	Awarding Ceremony 颁奖仪式	Finish 终点
18:00-21:00	Dinner 晚餐	Hotel 竞赛酒店
13:00-22:00	Race Office Operates in Yizhou 宜州竞赛办公室开放	Hotel 竞赛酒店



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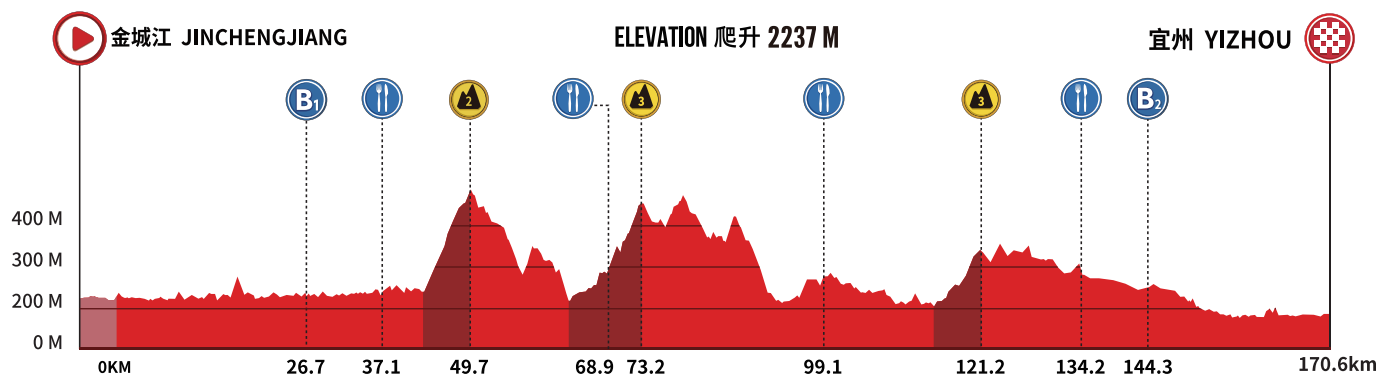
STAGE 5 第五赛段

Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段



海拔图

ELEVATION



START
起点



FINISH
终点



BONUS SPRINT
冲刺点



FEED ZONE
补给区



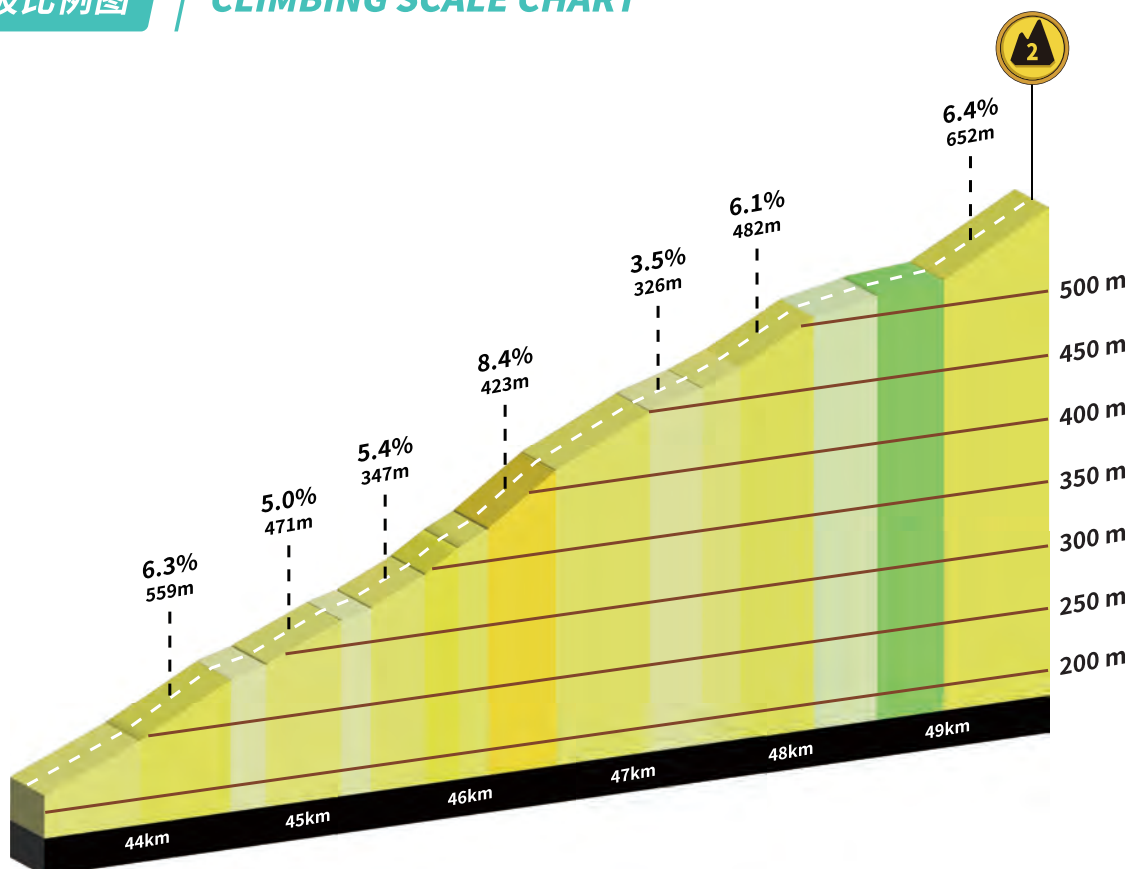
KOM 2nd CAT.
2级爬坡



KOM 3rd CAT.
3级爬坡

爬坡比例图

CLIMBING SCALE CHART



KOM 2nd CAT. KM49.7

Approx elevation: 218 m

Length: 6.4 km @ 5.1%

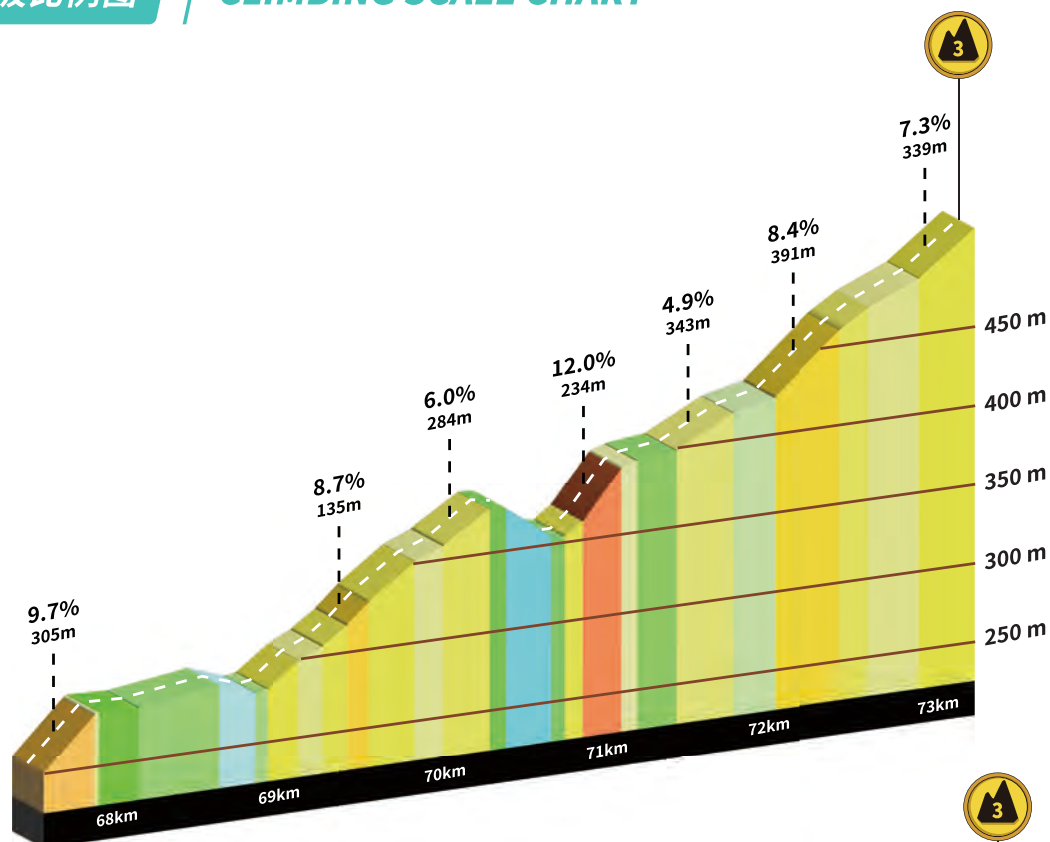
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Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段

爬坡比例图

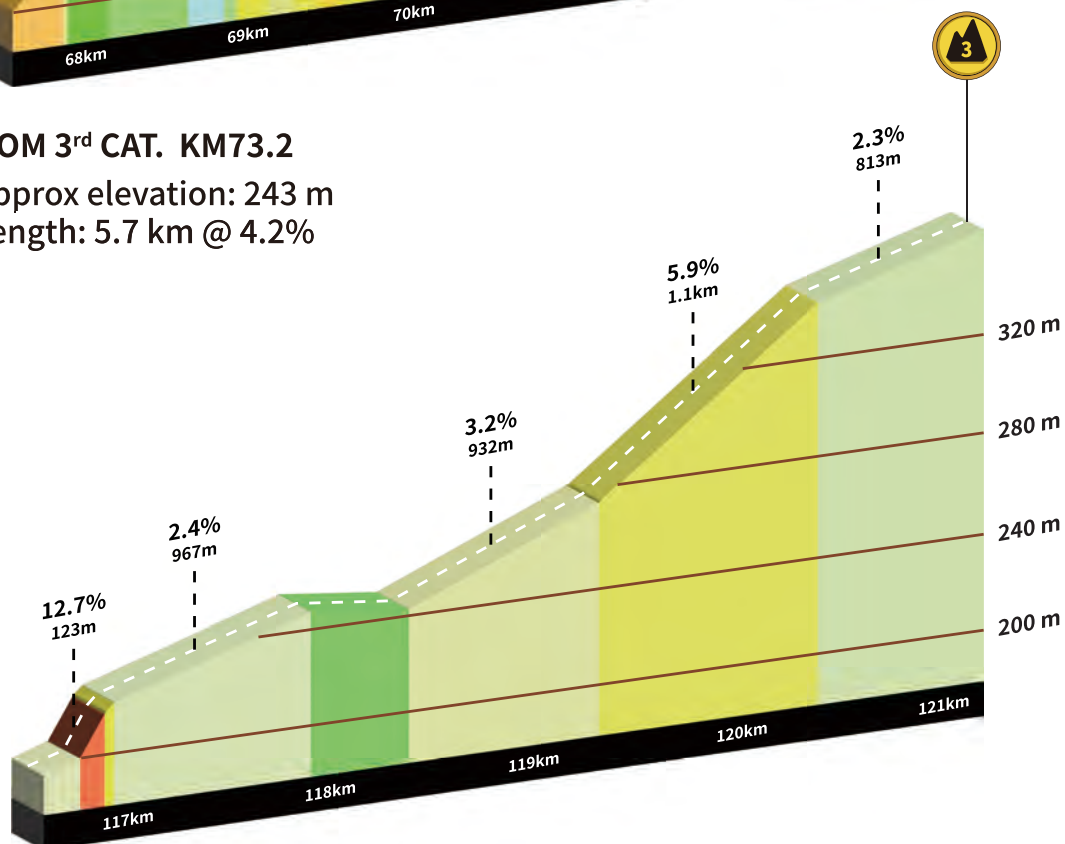
CLIMBING SCALE CHART



KOM 3rd CAT. KM73.2

Approx elevation: 243 m

Length: 5.7 km @ 4.2%



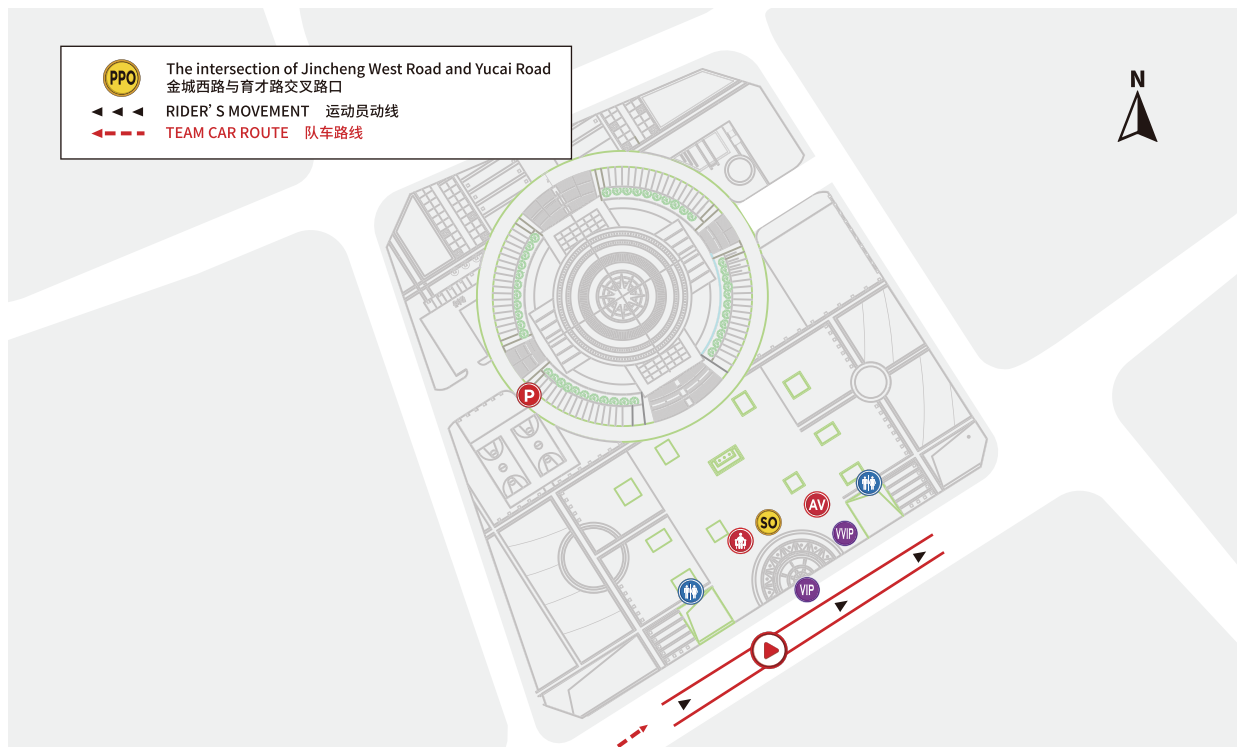
KOM 3rd CAT. KM121.2

Approx elevation: 194 m

Length: 4.6 km @ 3.3%

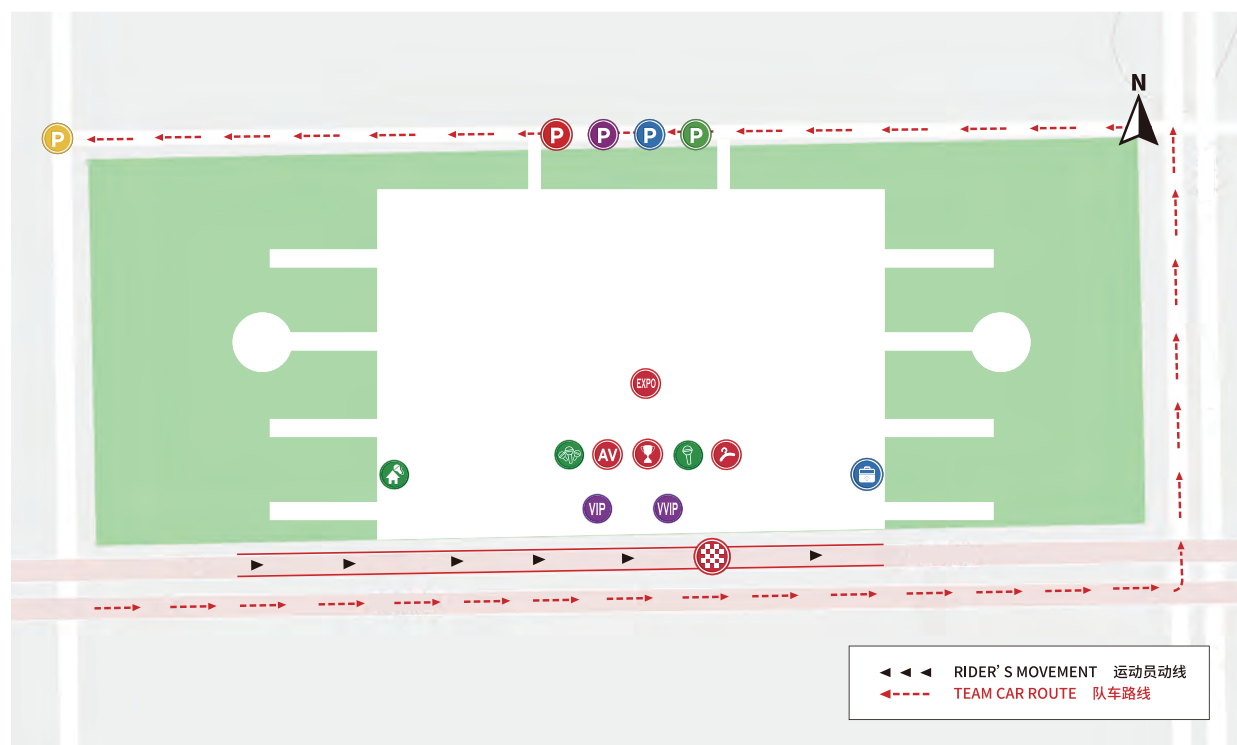
起点布局图

START PLAN



终点布局图

FINISH PLAN



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STAGE 5 第五赛段

Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM		KM FROM FINISH		ALTI 海拔 (M)		FEATURES INSTRUCTION 路线描述				41 KM/H		43 KM/H		45 KM/H	
	5.4	176.0	196		Hechi City Cultural and Sports Center	河池市文体中心	Start 起点	10:30	10:30	10:30					
	0.0	175.3	197		Jincheng West Rd./Jincheng Middle Rd.	金城西路/金城中路									
	0.0	173.7	203		Jincheng Middle Rd./Longjiang No.6 Bridge	金城中路/龙江六桥	Bridge 通过桥梁								
	0.0	173.5	199		Longjiang No.6 Bridge/Jiefang West Rd.	龙江六桥/解放西路									
	0.0	172.2	200		Jiefang West Rd./Jiefang East Rd.	解放西路/解放东路									
	0.0	172.0	194		Jiefang East Rd./Jiangbei East Rd.	解放东路/江北东路									
	0.0	170.8	201		Jiangbei East Rd./Jincheng East Rd.	江北东路/金城东路									
	0.0	170.6	209		Jincheng East Rd.	金城东路	0Km Point 0公里	10:40	10:40	10:40					
	1.2	169.4	195		Jincheng East Rd./Jinchengjiangkenwang Bridge	金城东路/金宜大道	Bridge 通过桥梁	10:41	10:41	10:41					
	2.0	168.6	198		Jincheng East Rd./Jinchengjiangkenwang Bridge	金城东路/金宜大道		10:42	10:42	10:42					
	4.6	166.0	195		Jinyi Av./Longjiang Bridge	金宜大道/龙江大桥	Bridge 通过桥梁	10:46	10:46	10:46					
	7.0	163.6	189		Jinyi Av./Dongjiang Bridge	金宜大道/东江大桥	Bridge 通过桥梁	10:50	10:49	10:49					
	8.0	162.6	193		Jinyi Av./Dongjiang 1st Rd.	金宜大道/东江一路		10:51	10:51	10:50					
	8.6	162.0	217		Dongjiang 1st Rd./S509 Provincial Rd.	东江一路/S509		10:52	10:52	10:51					
	19.3	151.3	198		S509 Provincial Rd./Lamei Bridge	S509/拉美大桥	Bridge 通过桥梁	11:08	11:06	11:05					
	23.8	146.8	207		S509 Provincial Rd./Jinhuan Av.	S509/金环大道		11:14	11:13	11:11					
	26.7	143.9	203		Jinhuan Av.	金环大道	1st Bonus-Sprint 第1冲刺点	11:19	11:17	11:15					
	27.1	143.5	203		Jinhuan Av./Huanjiang No.3 Bridge	金环大道/环江三桥	Bridge 通过桥梁	11:19	11:17	11:16					
	27.5	143.1	209		Huanjiang No.3 Bridge/Qiaodong Rd.	环江三桥/桥东路		11:20	11:18	11:16					
	28.1	142.5	202		Qiaodong Rd./Nameless Rd.	桥东路/无名路		11:21	11:19	11:17					

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

KM	KM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述				41 KM/H	43 KM/H	45 KM/H
30.1	140.5	199	↑	Nameless Rd./ G357 National Rd.	无名路/G357		11:24	11:22	11:20
31.1	139.5	208	↻	G357 National Rd./ G357 National Rd.	G357/G357		11:25	11:23	11:21
36.3	134.3	221	↑	G357 National Rd.	G357	Litter Zone Starts 垃圾区开始	11:33	11:30	11:28
37.1	133.5	204	↑	G357 National Rd.	G357	Feed Zone Starts 补给点开始	11:34	11:31	11:29
38.2	132.4	229	↑	G357 National Rd.	G357	Feed Zone Ends 补给点结束	11:35	11:33	11:30
38.8	131.8	223	↑	G357 National Rd.	G357	Litter Zone Ends 垃圾区结束	11:36	11:34	11:31
43.3	127.3	218	↑	G357 National Rd.	G357	KOM Start 爬坡起点	11:43	11:40	11:37
49.7	120.9	547	↑	G357 National Rd.	G357	KOM Summit-Cat.2 二级爬坡	11:52	11:49	11:46
59.9	110.7	324	↶	G357 National Rd.	G357		12:07	12:03	11:59
67.5	103.1	243	↑	G357 National Rd.	G357	KOM Start 爬坡起点	12:18	12:14	12:10
68.3	102.3	278	↑	G357 National Rd.	G357	Litter Zone Starts 垃圾区开始	12:19	12:15	12:11
68.9	101.7	276	↑	G357 National Rd.	G357	Feed Zone Starts 补给点开始	12:20	12:16	12:11
70.3	100.3	360	↑	G357 National Rd.	G357	Feed Zone Ends 补给点结束	12:22	12:18	12:13
70.9	99.7	346	↑	G357 National Rd.	G357	Litter Zone Ends 垃圾区结束	12:23	12:18	12:14
73.2	97.4	481	↑	G357 National Rd.	G357	KOM Summit-Cat.3 三级爬坡	12:27	12:22	12:17
81.9	88.7	442	↻	G357 National Rd.	G357		12:39	12:34	12:29
87.6	83.0	428	↻	G357 National Rd.	G357		12:48	12:42	12:36
88.6	82.0	381	↶	G357 National Rd.	G357		12:49	12:43	12:38
91.8	78.8	214	↻	G357 National Rd.	G357		12:54	12:48	12:42
98.2	72.4	256	↑	G357 National Rd.	G357	Litter Zone Starts 垃圾区开始	13:03	12:57	12:50

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STAGE 5 第五赛段

Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段

预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

HM	HM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述					41 HM/H	43 HM/H	45 HM/H
	99.1	71.5	251		G357 National Rd.	G357	Feed Zone Starts 补给点开始	13:05	12:58	12:52
	100.4	70.2	276		G357 National Rd.	G357	Feed Zone Ends 补给点结束	13:06	13:00	12:53
	101.2	69.4	263		G357 National Rd.	G357	Litter Zone Ends 垃圾区结束	13:08	13:01	12:54
	114.3	56.3	182		G357 National Rd.	G357		13:27	13:19	13:12
	116.6	54.0	194		G357 National Rd.	G357	KOM Start 爬坡起点	13:30	13:22	13:15
	121.2	49.4	374		G357 National Rd.	G357	KOM Summit-Cat.3 三级爬坡	13:37	13:29	13:21
	129.6	41.0	323		G357 National Rd./ G242 National Rd.	G357/G242		13:49	13:40	13:32
	130.4	40.2	321		G242 National Rd.	G242		13:50	13:41	13:33
	134.0	36.6	276		G242 National Rd.	G242	Litter Zone Starts 垃圾区开始	13:56	13:46	13:38
	134.2	36.4	277		G242 National Rd.	G242	Feed Zone Starts 补给点开始	13:56	13:47	13:38
	135.0	35.6	303		G242 National Rd.	G242	Feed Zone Ends 补给点结束	13:57	13:48	13:40
	135.3	35.3	307		G242 National Rd.	G242	Litter Zone Ends 垃圾区结束	13:58	13:48	13:40
	144.3	26.3	226		G242 National Rd.	G242	2nd Bonus-Sprint 第2冲刺点	14:11	14:01	13:52
	160.6	10.0	139		G242 National Rd./ Xiajian Bridge	G242/下视大桥	Bridge 通过桥梁	14:35	14:24	14:14
	163.4	7.2	143		G242 National Rd./ Longjiang Rd.	G242/龙江路		14:39	14:28	14:17
	165.3	5.3	141		Longjiang Rd./Fengjing Rd.	龙江路/冯京路		14:41	14:30	14:20
	165.6	5.0	138		Fengjing Rd.	冯京路	Sprint Zone 冲刺区域	14:42	14:31	14:20
	165.6	5.0	138		Fengjing Rd.	冯京路	Litter Zone Starts 垃圾区开始	14:42	14:31	14:20
	166.5	4.1	142		Fengjing Rd.	冯京路	Litter Zone Ends 垃圾区结束	14:43	14:32	14:22
	167.6	3.0	142		Fengjing Rd.	冯京路	3Km To Go 终点前3公里	14:45	14:33	14:23

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Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段

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预计抵达时刻表

ESTIMATED ARRIVAL TIMETABLE

HM			HM FROM FINISH	ALTI 海拔 (M)	FEATURES INSTRUCTION 路线描述			41 HM/H	43 HM/H	45 HM/H
168.0	2.6	144		Fengjing Rd./Yingbin Av.	冯京路/迎宾大道			14:45	14:34	14:24
	168.2	2.4	143		Yingbin Av./ Yizhou Longjiang No.2 Bridge	迎宾大道/宜州龙江二桥	Bridge 通过桥梁	14:46	14:34	14:24
	168.5	2.1	143		Yingbin Av.	迎宾大道	Change Lane To Left 变左侧赛道	14:46	14:35	14:24
	168.6	2.0	143		Yingbin Av.	迎宾大道	2Km To Go 终点前2公里	14:46	14:35	14:24
	169.6	1.0	143		Yingbin Av.	迎宾大道	1Km To Go 终点前1公里	14:48	14:36	14:26
169.8	0.8	144		Yingbin Av./Zhongshan Av.	迎宾大道/中山大道			14:48	14:36	14:26
	170.1	0.5	146		Zhongshan Av.	中山大道	Deviation 车辆分流点	14:48	14:37	14:26
	170.6	0.0	144		Hechi City Center Square	河池市中心广场	Finish 终点	14:49	14:38	14:27

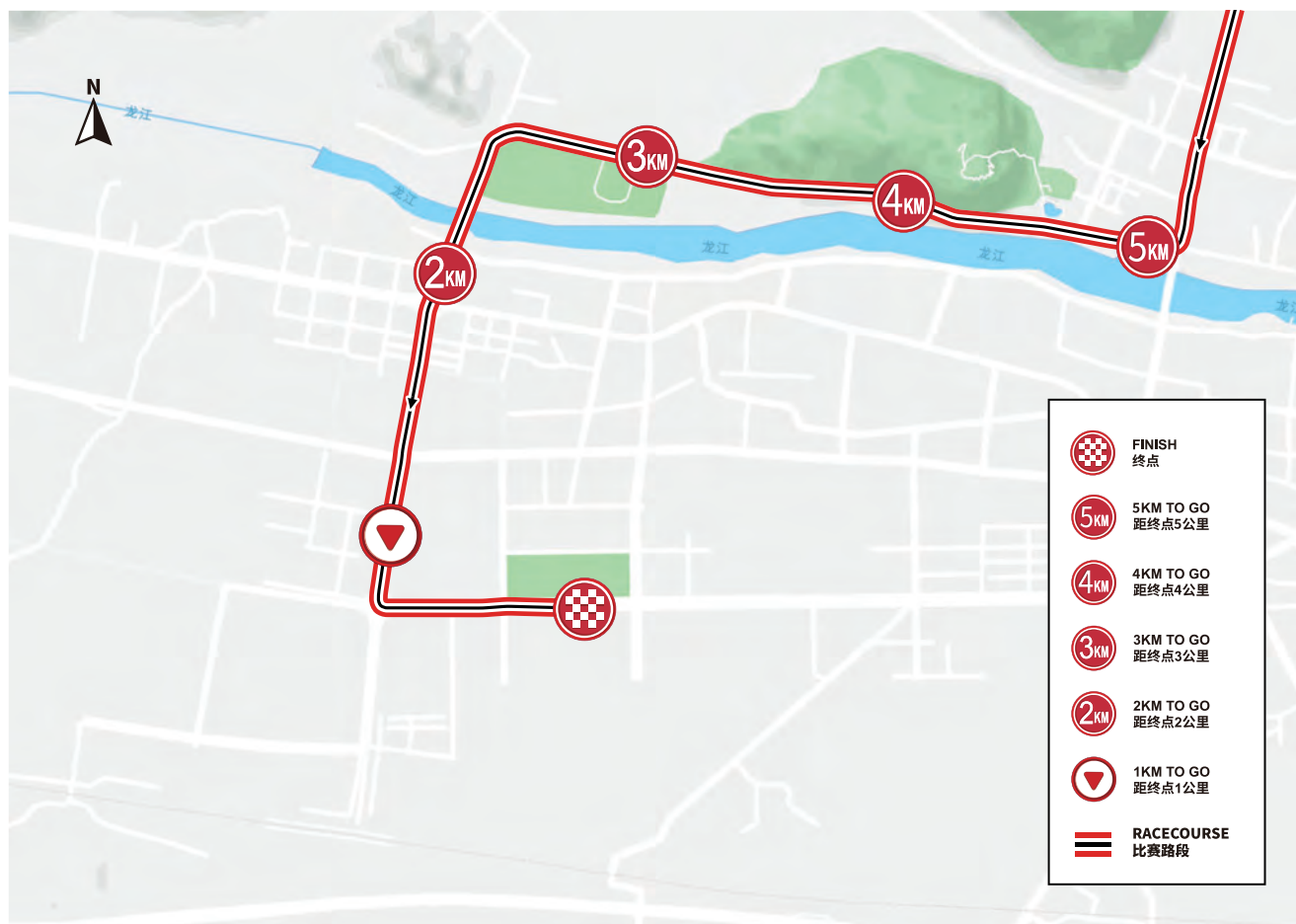
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STAGE 5 第五赛段

Jinchengjiang-Yizhou 金城江-环江-罗城-宜州赛段

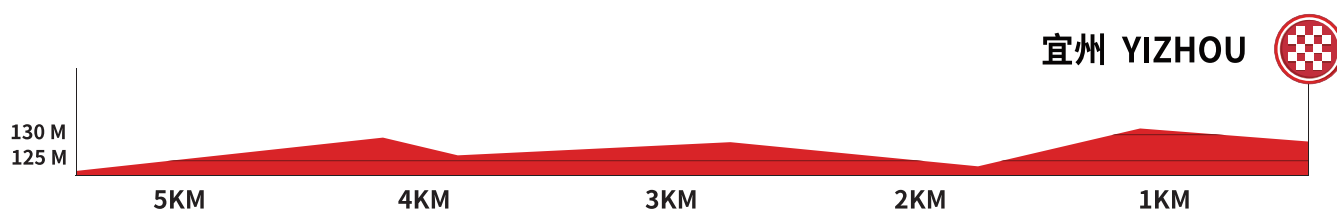
最后5公里路线

LAST 5KM



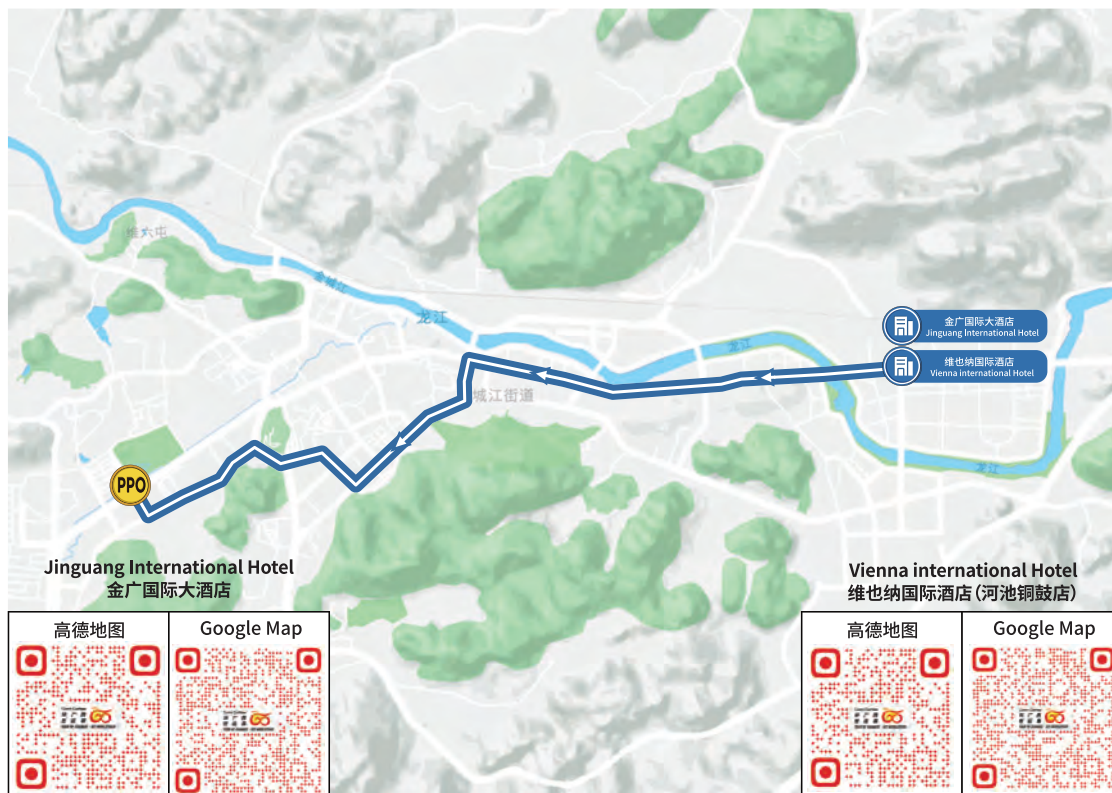
最后5公里海拔

LAST 5KM ELEVATION



酒店-起点路线

HOTEL TO START



终点—酒店路线

FINISH TO HOTEL



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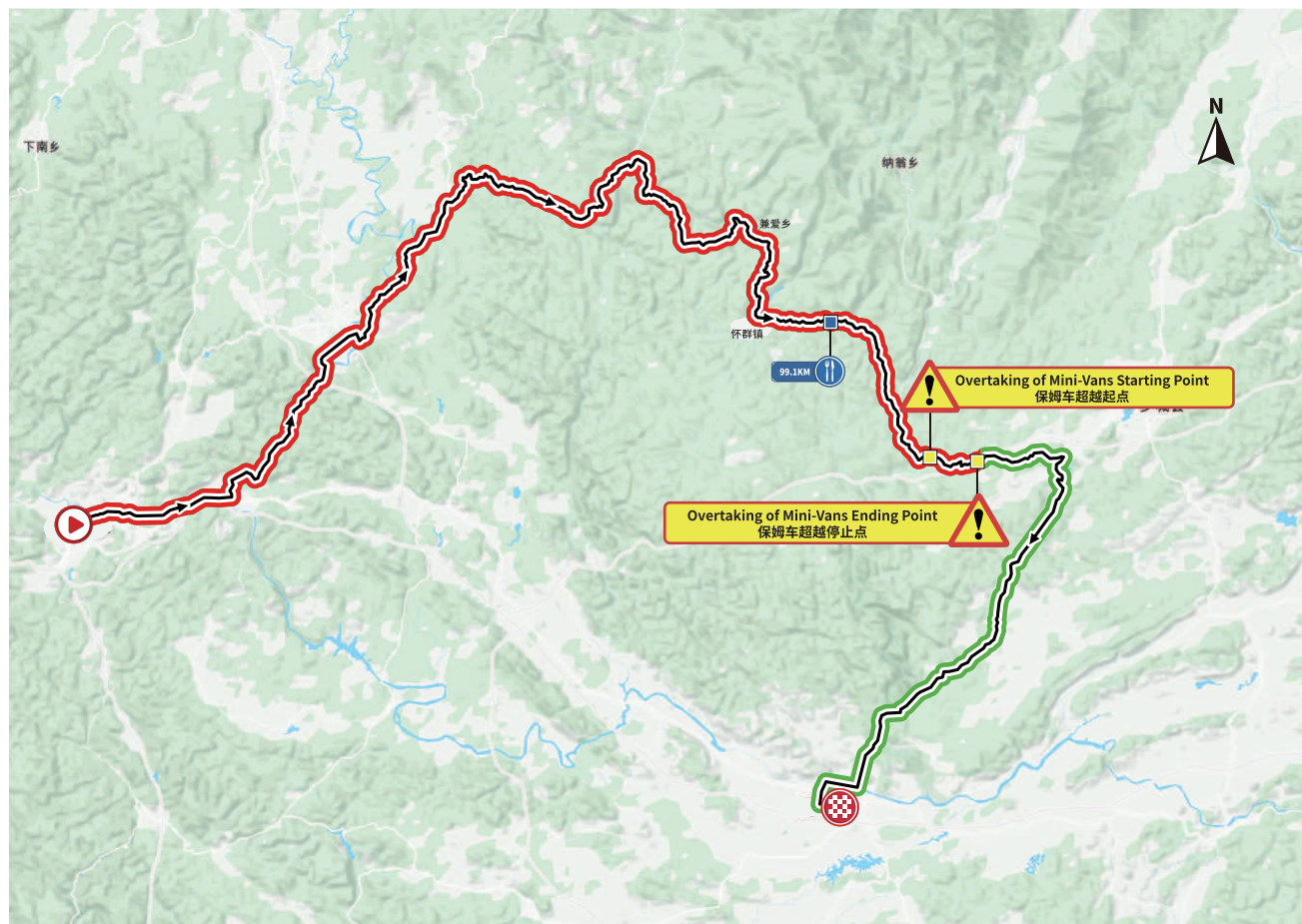
酒店——加油站

HOTEL TO GAS STATION



非竞赛路线

OFF - RACE ROUTE



Instruction:

After completing the feeding, follow the instructions of the commissaires and cross the convoy in batches, then proceed along the course to the finish.

Only one feeding zone can be serviced by the Team Vans. All other feed zones have to be serviced by the second Team Car in the race.

补给转场描述:

完成补给后听从裁判团指挥, 分批次穿越大团后沿赛道抵达终点

车队保障车只能服务一个补给区, 其他补给区须由各车队第二辆队车完成。