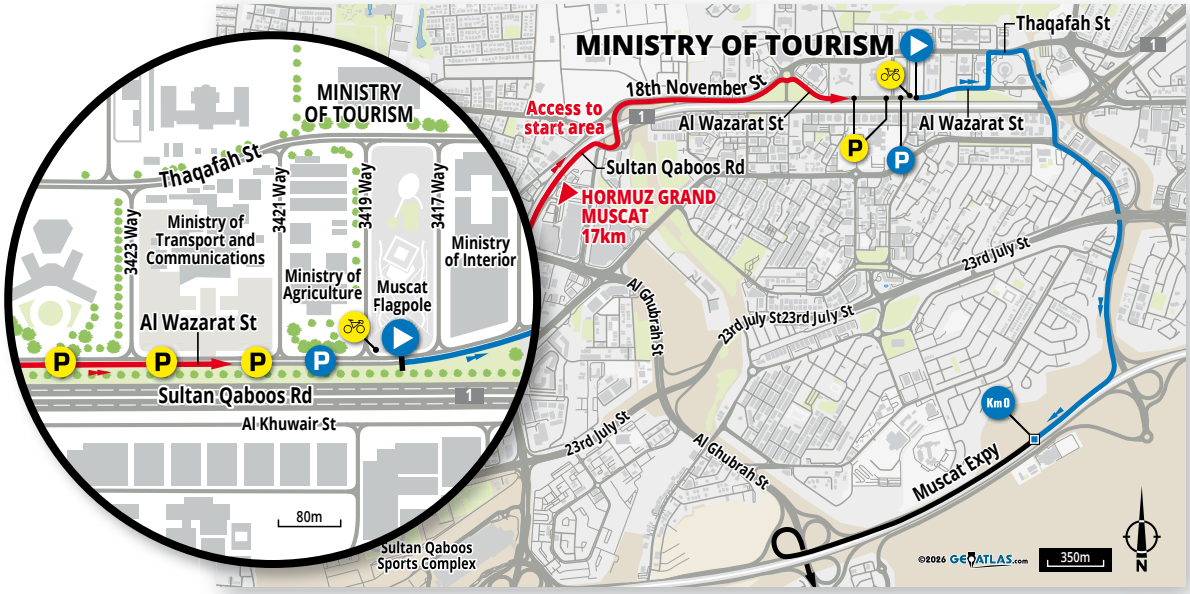
START



ITINERARY

KILOMETRES		STAGE 1		TIMETABLE		
To cover	Covered			42 km/hr	40 km/hr	38 km/hr
		MUSCAT				
		MINISTRY OF TOURISM Neutralised start		**10:25**	**10:25**	**10:25**
170.9	0	**MINISTRY OF TOURISM** Official start		**10:35**	**10:35**	**10:35**
167.6	3.3	Bawshar (BAWSHAR)		10:40	10:40	10:40
164.4	**6.5**	**CLIMB OF JABAL ROAD (BOUSHER AL AMERAT)**		**10:44**	**10:45**	**10:45**
154.9	16	WADI HATAT STREAM		10:58	10:59	11:00
150.9	**20**	**AL AMERAT**		**11:03**	**11:05**	**11:06**
144.4	26.5	ROAD 17		11:13	11:15	11:17
141.9	29	WADI AL JANIHI STREAM		11:16	11:18	11:21
137.8	33.1	WADI AL MULTAGA		11:22	11:25	11:27
131.5	39.4	WADI AL MANHDARIYYA		11:31	11:34	11:37
130.1	**40.8**	**AL AMRAT**		**11:33**	**11:36**	**11:39**
127.2	43.7	AL QURAT STREET		11:37	11:41	11:44
126.1	44.8	JALHOOT		11:39	11:42	11:46
121.7	49.2	AL SHEKALIY		11:45	11:49	11:53
120.7	50.2	AL KHURAT		11:47	11:50	11:54
112.2	58.7	WADI AL SIRIN		11:59	12:03	12:08
107.6	63.3	ARQI		12:05	12:10	12:15
91.9	**79**	**AL SAWAKIM FALAJ**		**12:28**	**12:33**	**12:40**
90.4	80.5	ROAD 17		12:30	12:36	12:42
65.1	105.8	WADI DAIQA		13:06	13:14	13:22
43.9	**127**	**WADI QUATIFA**		**13:36**	**13:45**	**13:55**
31.8	139.1	WADI BAMMA		13:54	14:04	14:15
25.1	**145.8**	**WADI JAB**		**14:03**	**14:14**	**14:25**
22	148.9	EXIT DIRECTION FINNS		14:08	14:18	14:30
3.2	167.7	BIMA		14:34	14:46	15:00
0	**170.9**	**BIMMAH SINK HOLE**		**14:39**	**14:51**	**15:05**