

ELEVATION	ABU DHABI			Distance			Timetable km / h			
				leg	run	to be run	45	43	41	
	4	ABU DHABI TEAMLAB PHENOMENA	↑	Start Village	5,7		13.30	13.30	13.30	
	2	ABU DHABI TEAMLAB PHENOMENA	↑	km 0	0,0	0,0	121,0	13.40	13.40	13.40
	2	Exit to Yas Island	↗	Al Misra St.-Yas St.	15,2	15,2	105,8	13.58	13.59	14.00
	2	Yas North	↗		5,7	20,9	100,1	14.06	14.07	14.08
	3	Yas Mall	↑	Al Durar St.	5,2	26,1	94,9	14.13	14.14	14.16
	3	Yas Marina Circuit	↑	Intermediate Sprint #1 - Yas St.	2,9	29,0	92,0	14.17	14.18	14.20
	3	Yas Tunnel	↑	Yas St.	3,2	32,2	88,8	14.21	14.23	14.25
	4	Jazeerat Um An Nar St.	↗		1,2	33,4	87,6	14.23	14.24	14.27
	7	Exit to Khalifa City	↖	Al Bandar St	2,3	35,7	85,3	14.26	14.28	14.30
	4	Masdar	↗	Al Ibda St.	3,8	39,5	81,5	14.31	14.33	14.36
	3	Khalifa City	↖	Juma Bu Jamhour Al Qubaisi St.-Theyab Bin Eissa St.	7,3	46,8	74,2	14.40	14.43	14.46
	4	Ins. E20	↗	E20	5,0	51,8	69,2	14.48	14.51	14.54
	5	Exit to Al Beri	↗	Al Maqta St.	7,5	59,3	61,7	14.58	15.02	15.06
	3	Al Beri	↖	Al Ittihad St.	3,7	63,0	58,0	15.03	15.07	15.11
	6	Al Khaleej Al Arabi St.	↗		2,6	65,6	55,4	15.07	15.11	15.15
	6	Mussaffah Bridge	↑		1,5	67,1	53,9	15.09	15.13	15.18
	5	Zayed Sport City	↗	Tunb Al Kubra St.	4,1	71,2	49,8	15.14	15.19	15.23
	4	Umm Yifenhah Bridge	↑	Umm Yifenhah St.	4,0	75,2	45,8	15.19	15.24	15.29
	5	Umm Yifenhah Island	↑	Umm Yifenhah St.	6,6	81,8	39,2	15.29	15.34	15.40
	5	Al Reem Island	↖	Al Oud St.	6,8	88,6	32,4	15.38	15.43	15.49
	2	Al Maryah Island	↑	Al Maryah St.- Zayed The First St	4,5	93,1	27,9	15.44	15.49	15.56
	6	Qasr al Hosn	↖	Int. Sprint #2 - Zayed The First St. - Sheikh Rashid Bin Saeed St	4,3	97,4	23,6	15.50	15.56	16.02
	7	Shakhbout Bin Sultan St. Overpass	↑	Sheikh Rashid Bin Saeed St	6,9	104,3	16,7	16.00	16.06	16.13
	7	Mawgab St	↗	Al Khaleej Al Arabi St	3,4	107,7	13,3	16.04	16.11	16.18
	7	Al Khaleej Al Arabi St	↑		1,3	109,0	12,0	16.06	16.12	16.20
	5	Shakhbout Bin Sultan St	↖	al Bateen St.	3,9	112,9	8,1	16.10	16.17	16.25
	5	Al Bateen	↑	Al Bateen St.	3,6	116,5	4,5	16.15	16.22	16.30
	7	ABU DHABI	↑	Breakwater	4,5	121,0	0,0	16.21	16.29	16.37

NOTES

 **INTERMEDIATE SPRINT: KM 29 YAS MARINA CIRCUIT
KM 97.4 QASR AL HOSN**

 **FEED/LITTER ZONE: KM 40.7 - 72.2 - 98.7**

 **LITTER ZONE: KM 114.4**

 **TUNNEL: KM 32.2**